

SINGAPORE

POLO

CLUB

October – December #04 / 2017





Sheer
Driving Pleasure



RELEASE THE POWER WITHIN.

INTRODUCING THE ALL-NEW BMW 5 SERIES.

The all-new BMW 5 Series is a modern business sedan with the beating heart of an athlete. It unites intelligent business assistance systems with legendary BMW engineering and design.

On the open road the new, lightweight chassis with near 50:50 weight distribution improves handling significantly and gives you the confidence to harness the irresistible 6-cylinder engine: an engine that can take you from 0-100km/h in just 5.1 seconds. Release the power within and take sheer driving pleasure to the next level.

Visit Performance Motors or call 6653 2646 to book your test drive today. For more information, visit pml-bmw.com.sg

* Car specifications may vary from the models shown. Options and features are model-dependent. This advertisement provides information on BMW products and does not constitute an offer of sale. A sale is subject to our applicable terms and conditions.

BMW 5 Series fuel consumption: Combined: 4.8-7.2 l/100km CO₂ emissions: Combined: 125-164 g/km.



SINGAPORE POLO CLUB

PATRONS

Ameerali Jumabhoy
Derek Mitchell
K.C. Loh

COMMITTEE

President	Satinder Garcha
Vice President	Wee Tiong Han
Polo Captain	Ali Namazie
Honorary Secretary	Rickard Hogberg
Honorary Treasurer	Amelie Villeneuve
Committee Members	Ali Reda Lawrence Khong Melissa Ko Tan Hock

MANAGEMENT

General Manager	Sylvan Braberry
Secretary	Joanna Wong
Head, Finance	Woo Lee Choo
Human Resource Manager	Alinna Li
Events & Banquet Manager	Irene Seah
Membership & Marcom Manager	Kelvin Chung
Riding School Manager	Daniel Sitranen
Lifestyle & Events Manager	Victor Phua
Polo Administration Manager	Sunny Oh
Facilities and Maintenance Manager	Han Peck Hoe

CONTRIBUTORS

Ali Namazie
Amelie Villeneuve
Kelvin Chung
Melissa Ko
Nurul Nadiah
Stephanie Masefield



ALL RIGHTS RESERVED. COPYRIGHT BY SINGAPORE POLO CLUB. Opinions expressed are solely those of the writers and are not necessarily endorsed by the Singapore Polo Club. The Club is not responsible or liable in any way in respect of any information contained in the contributed articles, advertisements, photographs or illustrations in this publication. Editorial enquiries should be directed to enquiry@singaporepoloclub.org. Unsolicited material will not be returned. All information correct at time of printing.

Published Quarterly by the Singapore Polo Club

80 Mount Pleasant Road,
Singapore 298334
Tel: +65 6854 3999
Fax: +65 6256 6715
Email: enquiry@singaporepoloclub.org
www.singaporepoloclub.org
Permit No.: MCI (P) 103/02/2017



Connect with us at:

www.facebook.com/SingaporePoloClub
[instagram.com/singaporepoloclub](https://www.instagram.com/singaporepoloclub)
twitter.com/singaporepolo

CONTACTS

Committee	secretary@singaporepoloclub.org
Events & Banquet	events@singaporepoloclub.org
Facilities & Grounds	facilities@singaporepoloclub.org
Finance	accounts@singaporepoloclub.org
Food & Beverage	reservations@indochine-group.com
Gaming	gaming@singaporepoloclub.org
General Enquiries	enquiry@singaporepoloclub.org

HR & Admin	hradmin@singaporepoloclub.org
Marketing, Advertising & Sponsorship	marketing@singaporepoloclub.org
Membership	membership@singaporepoloclub.org
Polo	polo@singaporepoloclub.org
Riding	riding@singaporepoloclub.org
Sports & Recreation	snr@singaporepoloclub.org
The Polo Loft	pololoft@zackstack.com



Because a smile from you can give me strength.
Because you show me what true joy is.
Because of you, I am more than me. **I Am We.**

Your relationships are precious. Protect them.

Call us at 1800 333 0 333 or speak to your Prudential Financial Consultant.
PruProtects.com.sg

PRUDENTIAL 
Always Listening. Always Understanding.

C ONTENTS

OPERATING HOURS

FRONT DESK

7.30am – 9.00pm (Sunday to Thursday)
7.30am – 10.00pm (Friday & Saturday)

F&B OUTLETS

The Polo Bar

8.00am – 11.00pm (Daily)

The Mountbatten Room

8.00am – 11.00pm (Daily)

The Verandah

8.00am – 11.00pm (Daily)
(Last food order at 10.30pm except for Poolside at 10.00pm)

FACILITIES

Gaming

11.00am – 1.00am (Sunday – Thursday & Public Holiday)
11.00am – 2.00 am (Friday, Saturday & Eve of Public Holiday)

Gym

7.00am – 9.00pm (Weekdays)
8.00am – 8.00pm (Weekends)

Jacuzzi

7.00am – 9.00pm (Daily)

LUSH Spa

10.00am – 9.00pm (Daily)

Sauna

7.00am – 9.00pm (Daily)

Squash Court

8.00am – 10.00pm (Daily)

Swimming Pool

7.00am – 9.00pm (Daily)

Tennis Courts

8.00am – 10.00pm (Daily)

The Polo Loft

9.00am – 7.00pm (Tues –Sun)

Towel Counter

7.00am – 9.00pm (Daily)

- 5** President's Message
- 7** General Manager's Message
- 9** Singapore Polo Club Calendar of Events
October – December 2017

11–12 CLUB NEWS

- SoSD Dog Adoption Drive
- New Members

CHUKKAS

- 14** A Victorious Win for Tata Communications
- 17** Fierce Beauty
- 22** Polo at the 29th Southeast Asian Games

TROT, CANTER, JUMP

- 24** Show Jumping Clinics at the Club
- 27** Tiptoeed Into Our Hearts
- 29** Youthful Aspirations
- 31** Meet Some of Our Riding Instructors

SPOTLIGHT

- 32** Our Pony Clubbers / Grooming Talents /
A Colourful Experience awaits!
- 37** Mid-Autumn Festival





COWDRAY PARK
POLO CLUB

COWDRAY PARK POLO CLUB OFFERS YOU A WARM WELCOME

2018 SEASON OPENS 28TH APRIL
AND CLOSSES 23RD SEPTEMBER

Enjoy watching more than
30 tournaments played annually
in a mix of 4, 6, 8, 12, 15, 18 and
22 goals, including the highlight
of the Season, the Gold Cup for the
British Open Polo Championship.

We have an excellent Polo
Academy for beginners.

www.cowdraypolo.co.uk

Dear Members,

2017 is almost done and dusted with, but it marked a year which brought us plenty of memorable highlights.

The recent BMW Women's International 2017 tournament saw eight of the world's best female polo players from around the world, including the highest handicapped female player Nina Clarkin gracing our Club. The exclusive matches were proudly sponsored by a number of supporting sponsors. Polo was once a male dominated sport, however in recent years, it has seen more women embracing the sport thanks to the late Sunset 'Sunny' Hale who will always be long remembered as the world's greatest women's polo player who broke barriers and opened the door for women to pursue their polo passion. Polo is a sport which embraces equality and the Club is supportive of that, having organised the Women's International twelve years in a row now. The art of Polo is not just tied to a few chukkas on the field but a lifestyle that is an eclectic mix of fashion, beauty, dining and the sport itself.

The upcoming 2017 Singapore Polo Club Gold Cup will take place from 28 -29 October and is in affiliation with Cowdray Park Polo Club, one of the leading polo clubs in the world. It is an event to look out for with its 16-goal game play handicap; the highest this Polo season.

Financially, the Club has seen a record year in terms of the amount of sponsorships we have secured despite the tight economy. The Committee and management have worked hard to ensure that the budget is achieved if not surpassed. There will be changes to the government's Jackpot regulations as soon which may impact our bottom-line but rest assured that we will endeavour to maintain good financial health. Much thanks goes to our sponsors for their continuous support and belief in us.



The Club's redevelopment plans are almost in its final phases, and I am pleased to announce that upgrading works may start tentatively within late first quarter of 2018. Members will be kept informed of in due course of the various stages.

With our objective to create a vibrant and happening Club, members can expect exciting lifestyle events to end this year with a bang!

My journey as President of the Club has been very fulfilling thus far and I would like to thank my fellow committee members, Club members and staff for making this a very enriching journey as we work in tandem together to take the Club to greater heights. With the festive season approaching, I wish you and your loved ones a warm and joyful Merry Christmas and an exciting New Year.

Sincerely yours,
Satinder Garcha
 President

Perfect Coordinates

COMFORT AND PERFORMANCE CONVERGE



Citation Latitude



Citation Longitude



Citation Hemisphere

COMFORT AND PRODUCTIVITY WITH EVERY MISSION

The Citation Latitude® is recently certified and already the most accepted in its class. The Citation Longitude® is scheduled for its first flight in 2016 while the Citation Hemisphere® will follow in 2019. This new Citation® family is ready to take your business to the top. **We position your business for success.**



Range

Citation Latitude	Citation Longitude	Citation Hemisphere
2,700 nm*	3,400 nm**	4,500 nm**

*2,700 nm 4 Passengers High-Speed Cruise, 2,850 nm Long-Range Cruise
**Preliminary, subject to change



TEXTRON AVIATION

NICOLAS CHEMIN | MOBILE +659.062.1182 | NCHEMIN@TXTAV.COM
CESSNA.COM | U.S. +1.844.44.TXTAV | INTERNATIONAL +1.316.517.8270

©2016 Textron Aviation Inc. All rights reserved. Cessna and its logo, Citation Latitude, Citation Longitude, Citation Hemisphere and Citation are registered trademarks of Textron Innovations Inc., used by permission.

Dear Members,

As we head towards the year end, my team and I cannot help but feel excited with the many events and activities coming your way.

The mid-autumn festival saw more than double the participation from last year with almost seventy children participating in this wonderful event under a full moon. The laughter and shouts of excitement as the children paraded with their lanterns brought back nostalgia for one and all.

On 2nd November 2017, the Club will kick start an evening for members and their guests to connect, explore opportunities, share experiences or expand their network of friends over wine and cheese sampling, drinks and hors d'oeuvres. The evening will also see our team of riders showcasing a demonstration of show jumping under the stars. Don't miss out on this opportunity as there are only limited slots available!

It's time for trick or treat night this coming 21st October as everyone will be ready to be geared up in their favourite ghostly and ghouly costumes as we walk straight into the creepy and exciting night of Halloween. Come join us for this annual fun and exciting event!

Tennis enthusiasts will be happy to know that the Club will be organizing a "tennis evening" for members to get to know one another over a friendly game of tennis. This is a popular evening and there are also limited slots, do book early.

The Riding Section held a BBQ for the riding community on 23rd September 2017. This event brought together members, their families, instructors and staffs who had a great evening of fun riding, games and a sumptuous BBQ with food also prepared by our members and friends. The Club hosted International Riding Instructor David Carville from 22nd September to 25th September 2017. The clinics were well attended with rave reviews. Members can see more of this coming your way as we work towards building a harmonious and vibrant riding community.

We are nearing our objectives to have all grooms BHS certified by the British Horse Society this term. Last year we had a 100% pass for horse care and we hope to repeat this feat again. The Club has been actively searching for a new Stables Manager and has had interviews lined up already. Members will be kept informed once we have found a suitable candidate.



Please welcome on board Mr Victor Phua, Lifestyle & Events Manager and Mr Kelvin Chung Membership & Marcom Manager who joined us recently. Victor comes with a strong F & B background having worked as Director of F&B at 5-star hotels across East Asia like the Goodwood Park Hotel, Singapore International Convention and Exhibition Centre and more. Victor is also well versed with banquet events and Club management and will play a key role in raising the standards on F & B, Lifestyle, health and wellness.

Kelvin holds a Master's Degree in Sport Management and a Bachelor's degree in Business and Hospitality Management. He comes with a strong B2B media and Sports Marketing background and has held key managerial positions with Enterprise Sports Group, IBC Asia, Asia Business Forum and more. Kelvin is also well versed in events management, PR & communications and will play a key role in raising the standards of our club's communication platforms and member relations.

My team and I would like to thank the Committee, sub-committees and most importantly our members who have been supportive and understanding as we work towards making your Club a vibrant and happening Club for years to come! Festive cheers and good wishes from all of us and a Happy and Joyous New Year filled with happiness, good health, success and blessings from above to one and all!

Warmest regards,
Sylvan Braberry
General Manager



FESTIVE IS AROUND THE CORNER

KITCHEN LANGUAGE CATERING

OUR SERVICES

- Wedding & Solemnization Reception
- Barbeque & Signature Live Station
- Gourmet Canapés & Finger Food
- Festive Corporate Gift-away
- Beverage & Dessert Bar
- Executive Bento
- Meeting & Seminar Package
- Sit-down Lunch & Dinner
- Team Building Specialty
- Cocktail & Private Party
- Buffet Station
- Halal Menu

CONTACT US TO ENQUIRE

Telephone:
+65 6830 6456 | +65 9451 9414

Email:
catering@kitchenlanguage.com.sg

Website:
www.kitchenlanguage.com.sg

SPECIALTY CATERING



THE PELICAN



straits cafe

DEAN & DELUCA
SINGAPORE



KITCHEN
LANGUAGE
CATERING

REFINERY CONCEPTS
A Member of Far East Organization

Singapore Polo Club Calendar of Events

October – December 2017

12 – 15 October	Battle of the Sexes (2 goal)
14 – 15 October	Riding Competition
21 October	Halloween Party
28 - 29 October	Gold Cup (16 goal)
2 November	Members' Networking Night
3 November	Social Tennis Night
7 November	Melbourne Cup (2 goal)
11 November	The Great Gatsby Night
11 – 12 November	Club & Novice Tournament
18 November	Polo and Riding Kids Activities and BBQ
25 – 26 November	Grooms Cup & Club Tournament
2 December	Christmas Party
4 December	2017 Polo Season Ends

*The above schedule is subject to change.





MEMBERS
GET
20% OFF!

AQUASPIN™ AT THE POLO CLUB

Mondays / Wednesdays
Fridays / Saturdays
8:30am & 9:30am

Aquaspin™ combines the benefits of indoor cycling & aqua aerobics offering a challenging full body workout to sculpt your body, combat cellulite, improve blood circulation and burn up to 800 calories!



Aquaspin™ - 96989202 - info@aquaspin.sg - www.aquaspin.sg



SoSD Dog Adoption Drive

As part of the Club's Outreach Programme to render support to the community, a dog adoption drive was held on 6 August 2017 in partnership with SoSD Singapore. The Chukka Bar painted a picturesque view of adorable HDB approved dogs taking a nap while others were gleefully playing with volunteers and their potential owners. We would like to thank everyone including Melissa Ko, Marieleng Skorge, Marie Godenir and the volunteers from SoSD for their support as well as those who opened up their homes to a new furry friend!



NEW MEMBERS

July – September 2017

A warm welcome to the new members who have recently joined the Singapore Polo Club family. We look forward to seeing you at the club!

CHARTER MEMBERS

Amanda Lee Smits
Darshini Ramiah
John David Quarmby
Marianne Rehn Madsen
Martin Ricardo Arias Tinoco
Morier Elizabeth Mae
Sara Jumabhoy
Sylvio De Andrade Coutinho

REGULAR MEMBERS

Andrew Mark Snowdon
Arkadiusz Lukasz Czopor
Chang Wen Wen
Edward Stafford Cyprian Cottrell

Federico Vescovi
Fuzet Binti Farid
Julie Sook Hein Crossland
Karl Dietrich Maria Tilkorn
Kimberly Power
Koen Peter Rene Cardon
Leighton Carey Matheson
Lucinda Francesca Brown
Nicholas James Bailey
S Suresh Kumar S/O Sivasankaran
Soh Annie
Sujay Wasan
Szabo Julia
Teo Hwee Ping
Vijayluxmi Michele Naidu
Zhang Lin

For reciprocal clubs, please refer to our website www.singaporepoloclub.org or email us at membership@singaporepoloclub.org





THE LUXURY NETWORK®

CREATING UNIQUE PARTNERSHIPS

THE LUXURY NETWORK SINGAPORE PROUD TO PARTNER SINGAPORE POLO CLUB

Irene Ho was recently named Head of DC Mission Singapore. She is one of the best-connected businesswomen in Singapore.

Irene Ho founded and launched The Luxury Network Singapore in 2013 and has since grown her network to almost 60 premium brands. Some of her members include AIG, Bentley Owners' Club Singapore, Caratell, Etihad Airways, Kwanpen, Singapore Polo Club, Singapore Yacht Show, Small Luxury Hotels of the World and Peroni – to name a few.

Singapore Polo Club (Club) has been one of Irene's strongest supporters since the very beginning and Irene and The Luxury Network Singapore are Proud to Partner with the Club. Through Irene's network, she was able to bring on board various brands such as ANK Jewellery, Caratell, Etihad Airways, Galina Couture, Goshen Art Gallery, NTU, Peroni, Jet Airways, etc, to partner with the Club.

Prior to founding The Luxury Network Singapore, Irene Ho worked in Corporate Advisory and has experience in cross-border business development, financial due diligence, mergers and acquisitions, strategic planning, valuations and assurance. She was the IPO Manager at Deloitte Singapore prior to her move to Australia in 2009 to undertake a Masters Degree in Financial Analysis from the University of New South Wales and upon graduation worked for PKF Corporate Finance in Brisbane, Australia. Irene is also a Chartered Certified Accountant.

Irene Ho was the President of the Singapore Business Council of Australia Inc in Brisbane in 2012 and 2013. Since 2014, she sits on the Management Committee of Australia Alumni Singapore (AAS) and is their current Honorary Secretary. The AAS a non-profit organization established since 1955 with the President of Singapore and Australia High Commissioner to Singapore as Patrons.

The Diplomatic Council is a United Nations (UN) registered global think tank and business network founded with the objective to serve as a bridge between diplomacy, economy and society. Members committed and dedicated to the Diplomatic Council strongly believe that a thriving economy bringing prosperity to mankind that helps all people is one of the best guarantors for peace. Consequently, the Diplomatic Council welcomes not solely members of the diplomatic or consular corps but also personalities from industry, politics, society, healthcare, culture and sports.



The Luxury Network Singapore CEO Irene Ho

THE LUXURY NETWORK SINGAPORE MEMBERS INCLUDE:



A Victorious Win for Tata Communications



(L – R) Satinder Garcha, Ang Roon Kai, Vinod Kumar and Sattar Khan

For the first time at the Singapore Polo Open 2017, title sponsor Tata Communications swept goal after goal to be crowned the Champions! Winning 7 to 3 against Prudential, the team of Satinder Garcha, Sattar Khan, Ang Roon Kai and Vinod Kumar edged out their tough opponents which consisted of Roon Kai’s father, Ang Ban Tong, Sattar’s son, Waqas Khan and the latter’s uncle Sanaullah Khan, Giles Twiss and with Leon Chu and Wee Tiong Han sharing a slot in their team.

Earlier in the day, at the Laurent-Perrier Champagne Pop Up Bar at the Chukka Bar and the Verandah which oozed elegance from its relaxed and classy décor, over 300 guests and spectators revelled under sunny skies waiting to witness the finals of the Singapore Polo Open. Before the finals started, the crowd were treated to a modern performance by the Philharmonic Orchestra Singapore. Following that, second place runner-up





BMW which featured 6 goal Argentinean player Carlos Pando, faced a Singapore Polo Club team in polo exhibition match.

Returning to the main match of the day, the first chukka saw Satinder Garcha managing to score in the last few seconds, giving his team the lead moving into the second chukka. Twenty-three year old Waqas Khan who holds a 4 goal handicap equalised for his team at the start of the second chukka but in a similar fashion, Roon Kai did the same as well within just a few seconds! Tata was leading 2 – 1, but with a goal-thirsty Sanaullah Khan, one of the Club’s resident pros, it’s no surprise Prudential earned themselves another goal. With two minutes left on the clock, Tata Communications Managing Director and Group CEO Vinod Kumar got the crowd excited when he took control of the ball following a pass from Sattar Khan and then Satinder Garcha, directly between the goalposts! Tata secured the second chukka 3 – 2 in their favour.

The goal difference increased in the third chukka when Vinod Kumar scored back to back goals in the early minutes of the third chukka. Despite trailing by three goals, Prudential kept their momentum going and increased the intensity of their attacks. However, Garcha, the Club’s President surprised the crowd when he managed to break away from Prudential’s defense by taking a shot at the ball and dribbling it into the goalpost, to the delight of Tata’s supporters. With the support of Giles Twiss, Prudential’s youngest Khan closed in on the goal difference with a remarkable goal which was met with excited applause from the crowd. Prudential was trailing 3 to 6 at the end of the third chukka.



(L – R) Runners-Up: Sanaullah Khan, Leon Chu, Wee Tiong Han, Sonja Piontek (Director of Marketing, BMW Group Asia), Giles Twiss, Waqas Khan & Ang Ban Tong





Satinder Garcha's horse receiving the Best Playing Pony blanket from Sumeet Walia (Head of Global Enterprise Business, Tata Communications)

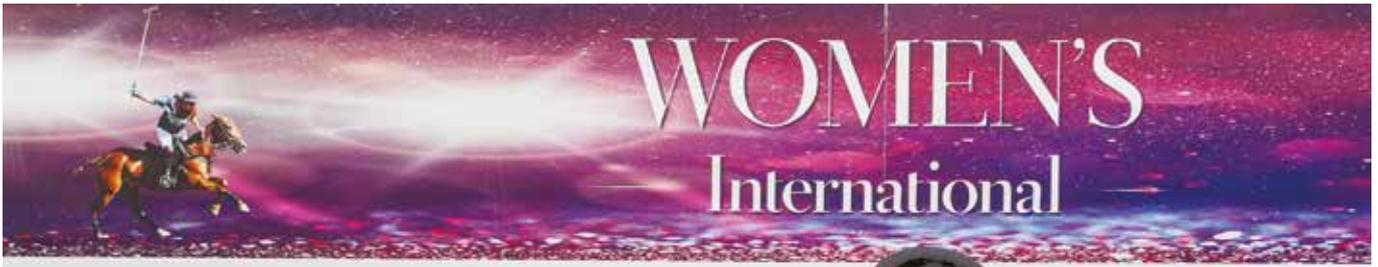
The fourth chukka saw both teams going out in full force, with Prudential battling hard to score at every given opportunity while Tata was still not done with their goal-scoring. With three minutes of the match left, Roon Kai raced to steal possession of the ball following a missed penalty shot. The race for the ball paid off when he managed to add another goal to Tata's dominating win. Determination and perseverance was on the side of Prudential, but not the clock and the fourth chukka concluded with Tata emerging victorious. Prudential were the runners-up while BMW came third.

Roon Kai was awarded Most Valuable Player and Gelatina belonging to Satinder Garcha won the Best Playing Pony award.

The Club would like to thank title sponsor Tata Communications, Official Car Partner BMW, SEA Games Team Sponsor Prudential, Laurent-Perrier, The Philharmonic Orchestra Singapore, Clinique & Lab Series, Vintage and our guests for their continuous support.

Article by Nurul Nadiah





(L – R) Mitalee Gupta (Senior Brand Manager, Moët Hennessy Diageo Singapore), Klaus Allisat (Sales Director, BMW Group Asia), Team Tatler: Stephanie Masefield, Louisa Lim, Isabelle Larenaudie, Bryony Taylor & Nina Clarkin (Not pictured)

Fierce Beauty

The BMW Women’s International Polo Tournament 2017 was played over a week from 26 September – 01 October 2017 at the Singapore Polo Club. We were honoured to have some of the highest ranked female International Professional polo players from the UK and Argentina.

This year for the first time we adopted women’s international polo handicaps, the highest being a 10 goal. The professional players were Nina Clarkin 10 goals, Lia Salvo 9 goals, Sarah Wiseman and Hazel Jackson both 8 goals, Tamara Fox (Nina’s sister) 7 goals, Izzy Parsons and Tiva Gross both 6 goals and Bryony Taylor 5 goals.

The four teams comprised 2 professional and either 2 or 3 amateur SPC players. They were Team Tatler, Team Veuve Clicquot, Team Prudential and Team Jet Airways.



Team Veuve Clicquot (L-R) Elaine Parnell, Diane Goldberg, Lynly Fong, Tiva Gross & Lia Salvo



Team Jet Airways (L-R) Hazel Jackson, Tamara Fox, Anna Lowndes & Valerie Boffy



Team Prudential (L – R) Sarah Wiseman, Izzy Parsons, Ploy Bhinsaeng & Marie Hesselman



Each team started with preliminary round robin matches on Tuesday, Thursday and Saturday and the two teams with the highest number of points would make it to the finals. All the matches were tough but Team Tatler dominated them and won every match and was definitely through to the finals. There was great excitement on Saturday when Veuve Clicquot took on Jet Airways to see who would win to make it to the finals, as they were tied on points. It was a tough nail biting fight between both teams, but the demonstration of pure heart, determination and willpower earned Veuve Clicquot victory by 1 goal to get to the finals.

On Sunday the 3rd / 4th place match started between Prudential and Jet Airways when the heavens opened and they played in torrential rain and the field conditions were very bad. Due to the heavy rain they only played a 2 chukka match and although no goals were scored Prudential won as they had a ½ goal handicap advantage.



Paul de Courtois (Managing Director, BMW Group Asia) doing the throw-in





The final match between Team Tatler and Veuve Clicquot was delayed for an hour to let the field dry out, although it was still pretty muddy and water logged when play eventually got underway. The match was also reduced to 3 chukkas and it was a close fight all the way in pretty bad conditions. Nina Clarkin scored the last goal and Team Tatler won 5-3 making them undefeated the whole tournament.

Lia Salvo well deserved to clinch the Most Valuable Player as she had worked and played hard the whole tournament.

All the professional players were amazing to play with and everyone had a great time both on and off the field. There was a fabulous cocktail party for all the teams at the Fullerton

Hotel on Thursday with plenty of champagne from Veuve Clicquot and fancy canapés, all the players looked gorgeous and had a great evening.

This tournament was in memory of legendary polo player Sunny Hale who sadly passed away earlier this year at only 48. Sunny was a legend and an inspiration to women in a male dominated sport. She paved the way and made such a big impact on women's polo and she will always be in our memories. Rest in peace Sunny Hale.

Article by Stephanie Masefield



(L – R) Mitalee Gupta (Senior Brand Manager, Moët Hennessy Diageo Singapore), Team Prudential (3rd place winners): Sarah Wiseman, Izzy Parsons, Wee Tiong Han, Ploy Bhinsaeng & Marie Hesselman



The prize for Best Playing Pony Coneja was presented by Mr Klaus Allisat, Sales Director, BMW Group Asia. Coneja, with groom Ippy is owned by Tan Hock.



(L- R) Wee Tiong Han, Sylvan Braberry, Stephanie Masefield & Satinder Garcha



(L – R) Adeline Hokulani (Miss World Singapore Director), Marc Wesseling (Miss World Singapore/Ultra Super New), Tabitha Nausier (Singer & HASK Miss World Singapore Judge), Laanya (Miss World Singapore 2017/2018 Winner), Jason Peter Stevens (Studio 12 Singapore – HASK Miss World Singapore Judge), James Nicol (Miss World Singapore/ Converzion) and AJ (Elza)



(L-R) Arin Sen, Genevieve Jeffs, Sunita Malik, Samia Khan, Lata Mahtani & Ravina Kriplani



(L-R) Anders Zorn, Emilia Zorn, Andrew Salley, Andreas Oestern, Joachim Jaeger Skorge & Soeren Andersen



(L – R) Rickard Hogberg, Rajiv Menon, Bhavna Singh & Amanda Scully



(L – R) Louisa Lim, John Berven, Marie Godenir & Patrick Furlong



(L – R) Diane Goldberg, Lia Salvo, Tiva Gross, Lynly Fong & Elaine Parnell



**ONLY FOR
SPC MEMBERS**

10% OFF ALL Cheesecakes using Coupon Code:
POLO

**Terms & Conditions apply*

Shop Now at www.catandthefiddle.com !

ABOUT US

Created by Award-Winning Pastissier, Daniel Tay, Cat & the Fiddle is a premium online cheesecake retailer featuring uniquely Asian-inspired flavours.

Our 'Fickle Feline' Assorted Cheesecake features 10 deliciously different flavours. With our Island-wide door-to-door delivery service, indulging in your favourite cheesecake has never been easier!

 6287 0077

 @catandthefiddlecakes

 /catthefiddle

Polo at the 29th Southeast

The Prudential Singapore National Polo team fought brave battles



The South East Asian Games is a biennial multi-sport event involving participants from the current 11 countries of Southeast Asia. The announcement of polo as a sport in the 2017 SEA Games was met with excitement and anticipation from the polo playing fraternity across the region. The last time polo was included in the Games was 10 years ago, in 2007.

The Singapore Polo Club played an instrumental role in the effort for a medal in polo back in 2007 and did so once again, dedicating resources, manpower and facilities to support the team. Individual team members refreshed their string of ponies and took time out from work and other commitments to prepare for the Games. Fellow polo players supported the team's effort with unwavering enthusiasm, accommodating changes in stabling, exercise times and chukka formats.

Captained by our Club President Satinder Garcha, the Prudential Singapore National polo team of Ang Roon Kai, Ameer Jumabhoy, Iqbal Jumabhoy, Keith Yeo and Vinod Kumar spent the months leading up to the Games training intensively. Former 9 goal handicap player, Hector 'Juni' Crotto was roped in to coach the team, preparing them to take on their formidable opponents - Brunei, Malaysia and Thailand.

The team flew to Kuala Lumpur on 18 August, carrying on their shoulders the nation and Club's hopes for a medal.

Asian Games



The tournament attracted large hordes of supporting fans. Besides the home team Malaysia, the Brunei team had the highest fan to player ratio, thanks to their heartthrob Prince Mateen! For most knowledgeable observers, the quality of play and the horses were well beyond the 6 goal level of the tournament.

The Singapore team fought hard game after game to bring back a medal. Sadly, it was not to be. While it was disappointing, the passion for polo remains as strong as ever. The many valuable lessons learned about competing at the international level will surely be incorporated to raise the level of polo at the Club, and we look forward with high hopes to the next generation of players winning a medal back for Singapore!





Show Jumping Clinics at the Club

One of our goals at the Riding Section is to create a vibrant riding community of riders at all levels, who are progressing their education, making friends with other riders and having fun. To do that, we have decided to launch a few key partnerships across the world. Our first partnership was launched in September with David Carville of Larkspur Equestrian in the UK. David is not only responsible for helping us to buy many of our new horses and ponies (Lily, Tiptoe, Lisco, Venice, Tyrion, Lady and Marilyn), he is also a highly experienced showjumping coach, coaching Equestrian Academies, kids and adults, the British Army and running his own yard.

I was so excited when David agreed to work with us to pick three show jumping teams to take to the UK next summer holidays. He will find the teams horses and ponies to lease, will provide intensive education and will take the teams to compete and watch local and affiliated shows. This is a huge opportunity for our riders to meet the international equestrian community, learn a lot and to get exposure to the competition and riding circuit in Europe. David's first trip was a three day event, with flat for jump lessons on the first day, a course on the second day and private or semi-private lessons on the second day.

We were blown away by the response to the announcement. More riders signed up than for any other clinic that I've seen over the last three years. Best of all, the riders are at all different levels, with some just off the lead rein, right up to our most advanced jumpers. We grouped the riders together into small teams for the first two days to get a sense for level and to make sure that we didn't overstretch any of our school horses. The first day saw a series of deceptively hard exercises. For the 30-50 classes, David laid out more than 30 poles across the ground for canter

and trot formations, checking rhythm, balance and control. We had a great lesson in how to warm up for jumping and David introduced us to his favourite word in jumping – rhythm! We had some really tough kids in the 30-50 classes, who mastered the transitions, rhythm and complex formations on some quite challenging ponies, who had never done this type of work before.

In the 60-80 classes, the warm up was exciting – we were in open order – and David introduced some water trays “just as a warm up”. The riders did brilliantly in controlling the warm up with 8 horses





riders and the brilliant Kamila jumping 80 on Bandit! It was also very moving to see two riders who had never jumped 100 before doing the rounds flawlessly and giving themselves great confidence.

All in all, it was a brilliant experience. It feels like there is a real energy now in the riding section to do more and to have fun as a team. David will be coming back in December to pick the final teams. We will be adding a video review section to this next round. A huge round of applause to the parents, riders, grooms and volunteers for a wonderful experience. Thanks also to David for bringing his passion for jumping to Singapore. We can't wait to have you back.

Article by Amelie Villeneuve

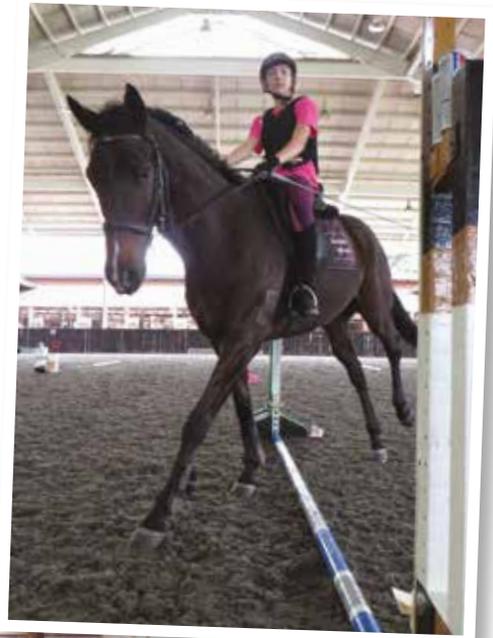
jumping simultaneously in open order across the arena. Special mention goes to the riders on Tiptoe, Mo and Rebell for some excellent and CALM riding when their horses got quite excited.

The 80-100 class was a very challenging exercise – flying changes across five jumps down the centre line. Three strides between each jump on an angle. Again, the riders and horses did brilliantly – I've never seen our horses do so many accurate changes! On the first day I think we all learnt some cool new exercises to practice before David's return. Everyone also got some personal feedback from David.

That night, we had an amazing Pony Club BBQ and Games night. The riders were tough! We had some very competitive slalom races, bobbing for apples and sweets, three legged races,

a fancy dress competition, agility races and horse shoe hunting. Best of all, the laughter from the riders could be heard all the way to the verandah. Everyone brought some food for the BBQ, and we discovered some masters at BBQ cooking and marinating. Thanks to all for the donated food, plates and drinks. The night was a huge success. Two pairs of tickets to Universal Studios were generously donated by the GM; many thanks for that!

The next day, we all did courses. Every team got a chance to jump twice, so we could adjust with the feedback given by David. The courses ranged from fairly straightforward to quite tough. My three favourite rounds were from two young boys who went from never having jumped anything to being led around an 11 jump course by some of our intrepid



ZACK'S
TACK

3

#1 CHOICE OF
POLO PROFESSIONALS

eluo

The Polo Loft by Zack's Tack
c/- Singapore Polo Club
80 Mount Pleasant Road
Singapore 298334

T: +65 6854 3990 E: pololoft@zackstack.com
Operating Hours: 9.00 am – 7.00 pm (Tues to Sun)
www.ZacksTack.com



Lady is a Skewbald
Mare Show Cob who
can jump 60 -70cm

Tiptoeed Into Our Hearts

The Riding Section at Singapore Polo Club would like to thank Clarinda Tija-Dharmadi and her husband for most generously sponsoring one of our new ponies, Tiptoe. Tiptoe is a high level show pony bought from Larkspur Equestrian. Tiptoe is already a favourite with our riders - easy to see why when he can jump, do dressage and looks like a super star. Thank you so much for sponsoring him - we are so grateful! So many riders have already enjoyed riding him, and we look forward to many great rides in the future with him. Please come and say hi to Tiptoe when you're next in the yard!



Lily is a Dark
Bay Mare Show
Pony who can
do Preliminary
Dressage and
jump 60 -70cm



Let's welcome
Venice, a super
dressage mare
brought through
David Carville and
Dean Farm



Please also welcome Marilyn (Killinik Monroe), a fabulous jumper from David Carville and the Kimba Stud.



Lisco is a Skewbald Gelding Cob who can do Elementary Dressage and jump up to 100cm.



We also welcomed Amelie Villeneuve's horse Jack (Juniflor) from Europe as a livery. The Santosa family also welcomed a new livery horse for their daughter - Elmy. We hope to get a picture soon! Welcome to all, please make them feel at home.



Here is Shambally Star Glavin , aka Tyrion. Tyrion is a jolly jumper also from David Carville and The Kimba Stud.

Youthful Aspirations



It was Zoe Masefield's first time competing in the main arena in the Preliminary 1.1 dressage test at the SPC Interclub Hari Raya Haji Show held on the 9th & 10th September and even though she was anxious at the start, she proved to be a natural in the main arena! Zoe and club horse Rosa came in first scoring 60.68% in the restricted category and in the same test, Zoe on her mum's polo pony, Ramona scored 58.18%, earning them a tied third placing with her best friend Ysabelle Lo who was on club horse Red!

13 year old Zoe was first exposed to the equestrian world by her mother before she could even walk, but she only started riding lessons when she was 6 years old. As soon as she first sat on a horse, she fell in love with it. To Zoe, riding takes away the stress and problems in her life, it allows her to seek a safe and comfortable haven with her horses.

We sat down with Zoe to understand how the equestrian world has shaped her aspirations and goals.



What inspired you to take up preliminary 1.1 dressage in the big arena?

I have always taken up beginner Dressage tests at the smaller RDA arena. So it was a pleasant surprise when my instructor told me I was ready to move on to the bigger arena with a professional judge. In riding, our instructors always encourage us to do both Dressage and Jumping as this will help us to be a better rider, hence my decision.

Where do you see yourself in the long term for Riding?

I would love to be a professional Jumper or Dressage rider, and whilst I did well in the Dressage test, Jumping is my biggest passion. I will continue to work on my flat work in Dressage so as to improve with my Jumping. As a Singaporean, my ultimate goal is to represent my country at the future Southeast Asian Games.

What is your most memorable riding story?

My most memorable riding story was when I tried Jumping at night this summer on Mimo and I managed to jump 95cm! It was by far the most fun I've had and definitely an experience which I won't forget.

What would you say to someone who is interested to ride?

Horses are amazing and they definitely understand you. Being on a horse is the best feeling in the world. I would encourage everyone to try riding at least once in their life.



I believe your family, friends and instructors have been very supportive in your journey, is there anything you would like to say to them?

I really want to thank my family as I would not be where I am today without them. I would also like to thank all my friends at the Club as we encourage and support each other and this instils good sportsmanship from a young age. A big Thank You to my two jumping instructors Daniel and Krystal for always believing in me and my flatwork instructor Roy Ibrahim for guiding me to be a better rider.

Aside from Singapore, where else have you competed or ride?

I have ridden in Malaysia, New Zealand and Australia, but never competed there. I hope to make the selections for the junior riding squad so I can compete in the UK. I had try outs in September with

"I've always had a passion for riding and I would never be who I am without it"

- Zoe Masefield

David Carville who was in Singapore to give some wonderful jumping clinics. He will be back again in December to make his final team selection and I am hoping to be selected. If I am selected, I will be able to head to the UK in June 2018 to compete in various show jumping and cross country shows.

How do you find time to juggle between school and riding?

I try to manage my time and ensure I finish some homework before I ride and then continue thereafter. I always find riding clears my mind and I am able to focus better on my homework after riding.

How does Riding play a part in your life as a young teen?

Teens these days need to get outside more and riding is a great way to exercise and take school or exam stress away. The Singapore Polo Club has a lot of lovely teens and younger kids who ride and it is a great social club and I have made such good friends here. It is even better than friends at school, who do not always understand my obsession with horses.

Who is your biggest influence in terms of taking up riding?

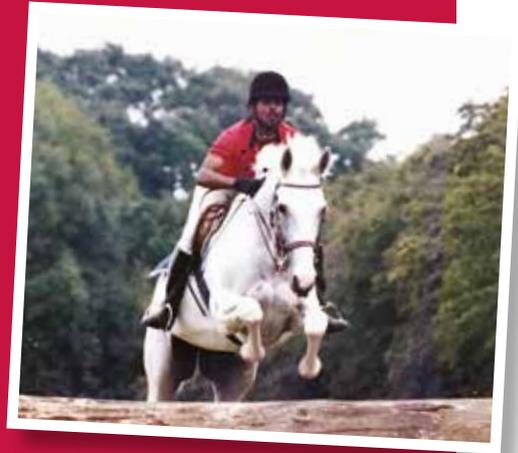
I would say it has to be my mum. She has played polo even before I was born and she always took me to the polo club as an infant and I have been around horses ever since. My grandma is also a huge influence as she is over 70 years old and has ridden for the last 30 years and she still plays polo and rides every day. It was a natural progression for me to start to ride as I had been around horses all my life, I hope I will be like my grandma when I am in my 70s.

Meet some of our riding instructors

We look forward to profiling some of our regular freelancers and visiting clinicians in the next issue.

Daniel Sitranen

As our longest serving instructor, Daniel Sitranen has worked at the Singapore Polo Club for the last 27 years. Daniel has taught his students Show Jumping up to 130 and Dressage up to Advance level. He has taught many riders over the years, including para equestrian rider Gemma Rose Foo, Katherine Desbaillets, Kate Seah, the Jumabhoys, Melissa Ko and Giles Twiss. Armed with a Level 2 Federation Equestre Internationale (FEI) certificate and BHS AI, Daniel was a three time Rolex National Dressage Champion Cup (Dressage) Winner in 1995, 1996 and 1998. He also represented Singapore at the Southeast Asian Games and the 1995 ASEAN Games where he was placed second. With honourable standings at the FEI World Dressage Challenge in 2001 and 2002, Daniel currently competes at Prix St. George level. Every year, he goes on a riding pilgrimage to Germany and Denmark for a month to acquire new skills and improve himself.



Krystal Wang

Krystal Wang enjoys every bit of her job. She especially loves nurturing young talent from the Pony Club since she has taught and ridden at numerous Pony Club Rallies in Melbourne, Australia. Certified as an Eventing coach and with Dressage specialization, Krystal can ride up to Advance level and has competed at Novice and Eventing Grade 3 (90cm). Currently in the process of getting her coaching up to the next level, Krystal aims to compete at the Prix St. George Level and jump 120cm.

Ruelle Laurent

A former zoo keeper in Belgium, Ruelle Laurent started riding when he was 10 years old in a horse riding summer camp which sparked his interest in Show Jumping and Dressage. With experience in jumping to 110, Laurent as he is more fondly known as, can ride up to Elementary level. Did you know, Laurent once bred parrots? His love for animals spans beyond boundaries.



Edric Lee

Edric was part of the 2017 Southeast Asian Games Dressage team which won Gold Medal. He was also placed 1st and district Champion at the 2017 Driel, Holland ZZL Dressage. In 2009, he took part in the Australian Youth Olympic (Australia) Showjumping where he was placed 4th. In September 2016, Edric graduated with MEM/EA NCAS Level 1 Dressage Specialist. He also achieved MEM/EA NCAS Level 1 General Riding Instructor in 2013.

Keith Choi – Part-time Instructor

In 2009, Keith Choi represented Singapore at the Sydney Youth Olympics Games. Prior to that he competed in the FEI World Dressage Challenge up to Elementary in 2006, 2007 and 2008. Keith has competed and trained in many countries worldwide including Japan, Germany, Australia and Thailand. Keith has also completed the British Horse Society Stage 1, 2 and 3.



Our Pony Clubbers

A round of applause to our Young Pony clubbers in their recent achievements! Special mention to our new Steward, Tess Baker!



Grooming Talents

In the recent weeks', our grooms had their first riding lesson with Riding School Manager, Daniel Sitranen. This will enable them to understand the basics of riding first-hand!

A Colourful Experience awaits!

Check out our new and colourful training jumps! Thank you Binu and Siva for your hard work!



HASK®

New **Natural** Dry Shampoo Collection
Non staining / No white residue

Cleanse the Oil Away & Volumize Today!



HASKbeauty.com.sg



HASKSingapore

Available at:

guardian

watsons

Free of: drying alcohols, sulfates, parabens, phthalates, gluten and artificial colors.



YOGA FOR KIDS

EVERY SUNDAY 1pm - 4pm
at the SINGAPORE POLO CLUB

LADYBUG YOGA: KIDS 4-6 YRS
SUNDAY 1-2PM

BUZZY BEE YOGA: KIDS 7-9 YRS
SUNDAY 2-3PM

LEAPFROG YOGA: KIDS 10-12 YRS
SUNDAY 3-4PM

CONTACT

For more information and registration:

65.9465.7787
info@vpsports.sg

Cost: \$190 for 8 classes
Places are limited to 12 kids per class

In partner with :

FITNESS IRONMAN
Transformation through Performance

Instructor Profiles



Silvia Ng
(Kids Yoga)

Silvia is a fully qualified Ashtanga and Kids' Yoga Teacher. She holds an International Diploma in Ashtanga Yoga from Sivananda Vedanta Centre and Kids Yoga Teacher Training Certificate from Tirisula Yoga. She also holds a Bachelor Degree from Ottawa University, and has a keen interest in medical, beauty, health and fitness.



Regina Chua
(Kids Yoga)

For the past 15 years Regina has been sharing her love of yoga with international communities around the world. Trained in the UK, these days Regina works with preschools and focuses predominantly on Kids Yoga. She has a passion for working with children, and is the founder of Rainbow Child Yoga in Singapore.



Melanie Azlan
(Pilates Instructor)

Melanie is a STOTTS Certified Pilates instructor and has been teaching pilates at studios in both Singapore and Hong Kong. Her journey in pilates started back in 2006 while recovering from a lower back injury, and she has not looked back since. Melanie gets a great deal of satisfaction by helping others achieve their health and fitness goals.

How Important Is Posture To Your Future?

You may see me as a healthy, fit, able-bodied guy and you may wonder what do I know about pains (besides the occasional DOMS, maybe).

With a background in Exercise & Sports Science, and spending 5 years in:

1. LASALLE College of the Arts Performing Arts Faculty, conducting Physical & Movement and Performance Communication classes
2. UNESCO Council of International Dance

I have worked with more people with an assortment of aches than you can imagine, specialising in Postural Correction, Movement Efficiency and Injury Prevention for the performing artistes.

However, looking at the current lifestyle landscape of Singaporeans, I've realised that there is an increasing need to educate people on understanding their body and enhancing its functions to an optimum level, which is why I decided to establish The Posture Lab and extend my service to help a wider range of people.



Emile Dumont

QUALIFICATIONS

Degree

BSc, Exercise & Sports Science, Edith Cowan University

Organisations

UNESCO Council of International Dance (CID)

Certificates

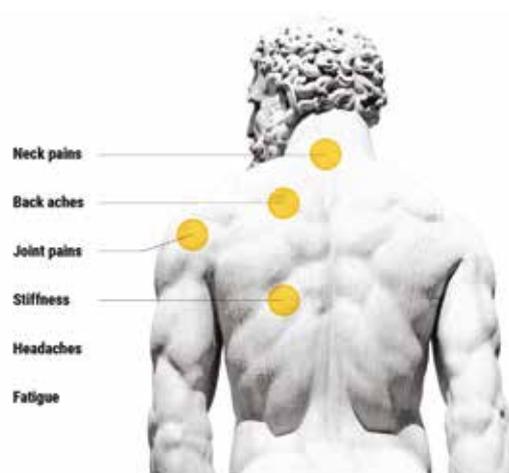
- Basic Sports Massage
- Sports Trainer Level 1 (Australia)
- FISAF Personal Trainer
- NCAP Level 1 Cycling Coach
- CPR & AED

The Posture Lab & How It Can Help You

The Posture Lab, a company dedicated to making lives better for people from all backgrounds by educating and fixing Postures one person at a time. It follows a strict set of boundaries and rules in which the Posture is analysed and broke down into bite size pieces for our clients to understand. Being a small start-up company, the main focus of the work has been to help reduce nagging problems which people have been carrying for years. They are most of the time the common pains and aches of the current era such as lower back pain, headaches, neck stiffness and sometimes even having problems with sleep due to constricted airways.

The purpose of our business although from the outside looks like any other sports massage or manual therapy location for people to get their body tension released. We focus on a much deeper level with getting all clients that walk through our doors to be able to walk out not only becoming physically and mentally aware of what is going on with their bodies but also be educated on how they should deal with these set of issues through stretching or strengthening to make their situation better.

On top of that, The Posture Lab is in the midst of developing



workshops for the general public and sports specific groups to enable them to learn different methods of muscle release and join us in experimental movement mobility classes as well. In all of these, there is always room for discussions about what you may be worried about, how you could help yourself make these problems reduced or fixed and how this could help your loved ones as well.

You'll begin to realise how much better your body feels post therapy sessions, feel lighter and be enable perform at a more effective and efficient level. You would also begin to realise that your body aches and pains reduce over time due to

the efforts of both the therapists and yourself. Why? We at The Posture Lab will teach you what you need to do on a daily basis. From correcting of your habits to the simplest or smallest outlying problem we find from your Posture. We believe that by educating you, you'll not only gain a better insight into understanding your own body but will pay it forward to help the next person experiencing similar issues as yourself.

Begin by correcting the problems you face through proper techniques and methods to help your family and friends on the journey to a painless future.



SINGAPORE
POLO CLUB

THE GREAT GATSBY

Member:
\$88+
Non-Member:
\$98++
Price inclusive of
Dinner and
Beverages

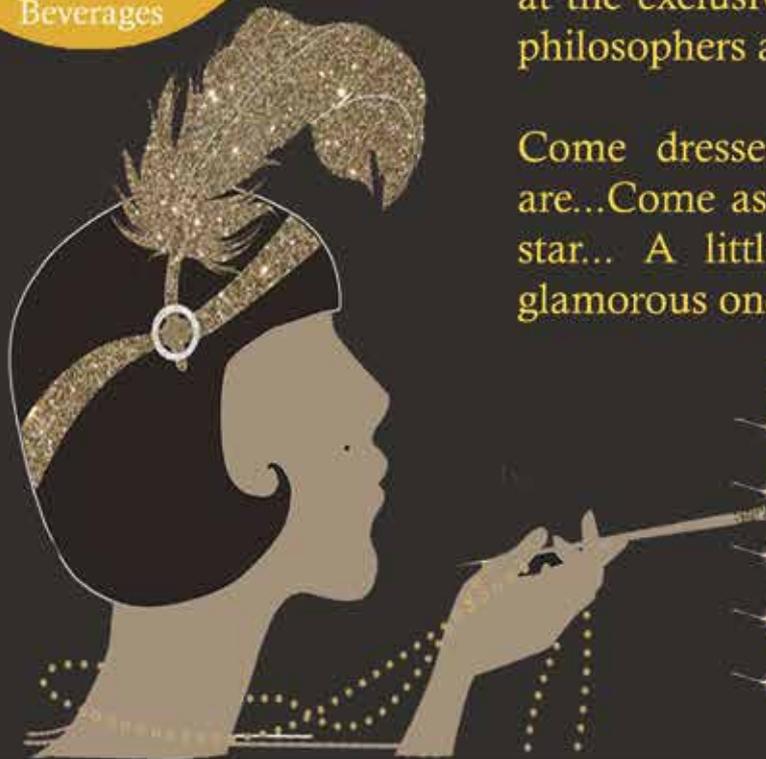
11 November 2017 (Saturday)

6.30pm - 10.00pm

Mountbatten Room & Verandah

Swing back in time to the roaring twenties where glitz, glamour and style took precedence at the exclusive Gatsby Soiree which flappers, philosophers and the wealthy can't resist!

Come dressed as a flapper, come as you are...Come as a dapper gent or a silent screen star... A little fun never kills, especially a glamorous one.



Highlights:

-  **Pre-dinner Cocktail**
-  **Live Band**
-  **Dancing Competition**
-  **Best Dressed Contest**
-  **Engaging Emcee with Interactive Games**

Early bird Promotion (12 - 25 October Only)

-  **1 complimentary bottle of Wine for every table of 4**
-  **Buy 4 tickets, 4th ticket entitled to 50% off**

**Book Now at membership@singaporepoloclub.org
or call 68543999**

Terms and Conditions apply.



Mid-Autumn Festival

Of colourful lanterns, oh-so-sweet mooncakes and plenty of fun, over 50 young ones celebrated the Mid-Autumn Festival at the Club on 15 September 2017. Chang'e, the Goddess of the Moon joined in the fun by partaking in games with our young ones. From glitter tattoos, pomelo peeling competition, lantern walk in the field to the much-raved about magic show, it was a fun and playful Friday which saw parents together with their young ones embracing the spirit of Mid-Autumn.





Ground Beef Roulade, Baked Potatoes, Poached Greens

October Brazilian Fiesta



Coxinha De Frango

Coxinha De Frango
Popular 'little drumstick' (co-SHEEN-ya) of Brazilian street, made of chicken, onions, parsley and scallions. Served with olive oiled tomato salsa.

\$16+

Ground Beef Roulade, Baked Potatoes, Poached Greens
Home-made ground beef roulade filled with mozzarella cheese, bacon and shredded carrot, seared and served with poached greens and baked potatoes.

\$20+

November Swedish Carnival

Tajima Wagyu Meatballs, Lingonberry Jam, Mashed Potato

Traditional Swedish meatball recipe made with Australian Tajima 6/7 Wagyu, paired with lingonberry jam and mashed potato.

\$22+



Tajima Wagyu Meatballs

Toast Skagen

Combination of sautéed prawns, prawn roes and dill on toast. Served with Lime Wedges.

\$18+



Toast Skagen

Monthly specials featured above are available at Polo Restaurant & Bar by IndoChine



POLO RESTAURANT & BAR



by



IndoChine

resorts * hotels * restaurants * bars



Christmas Take Away Specials

Roast Turkey

Raw Weight 6-7kg

(includes turkey gravy & cranberry jam)

\$118+ per no

Pork & Chestnut Stuffing (600gms)

\$20+ per no

Honey Baked Ham

cooked weight 2kg

(includes honey pineapple and apple sauce)

\$78+ per no

Roast Sirloin

Raw weight 2.5-3.5kg

(includes honey pineapple and apple sauce)

\$168+ per no

ACCOMPANIENTS ON TRAY

Brussels sprouts
\$30+ / tray

Roasted mixed vegetables
\$25+ / tray

Roasted herbed potatoes
\$20+ / tray

Gratinated potatoes
\$30+ / tray

*Last Date of Order until 18 December 2017 and 3 days prior booking is required.



December Pasta & Christmas Packages

Spaghetti, Wagyu Meatballs & Mushrooms

Spaghetti infused with brown sauce, home-made wagyu meatballs and wild mushrooms

\$17+

Prices are subject to service charge & prevailing taxes for guests / Member enjoys 10% off



SINGAPORE
POLO CLUB

SOCIAL TENNIS NIGHT

3 November 2017 (Friday)

7.00pm - 9.30pm



Slots
filling
up fast!

- Member: \$8+/pax Guest:\$12++/pax
- Mixed, All ages and levels welcome
- Maximum 16 players

Terms & Conditions apply

Register before 29 October 2017 at
reception@singaporepoloclub.org or call 68543999



Organised Gifting

Skip the malls and rush. Ring Lush for the best gifts of Me-Time.

SPA VOUCHERS AVAILABLE

TREAT YOURSELF TO A PAMPERING SPA BREAK THIS YEAR END



October Spa Muscle Melts 2 hr | from 198 nett per pax

SPA TREAT warm foot bath + 80 min warm-stone ginger body & scalp massage + choice of 30 min face spa OR relaxing foot massage

BENEFITS relieves sore muscles and tension

ADD-ON deep tissue with stretches \$15



November Spa Prescriptions 2 hr | from 205 nett per pax

SPA TREAT warm foot bath + 80 min rosemary lavender body & foot massage + migraine-relief face spa

BENEFITS relieves fatigue and tension headaches

ADD-ON warm stones \$20



December Champagne Spa 2 hr | from 420 nett per couple

SPA TREAT warm foot bath + 80 min sweet orange body & scalp massage + Decleor face spa with anti-fatigue eye treatment + champagne

***Limited sessions on 23rd & 24th Dec '17. Book early!**

...and more

Members' Networking Nite

2 November 2017
6.00pm - 8.00pm

Highlights:

-  Expanding of Business Network
-  Wine and Cheese
-  Drinks and Light Snacks

**Limited
Seats!**

Member: \$15+/pax Members' Guest: \$20++/pax

To register, please email
membership@singaporepoloclub.org or call 68543999
before 27 October 2017

Terms and Conditions apply.

