

SINGAPORE

POLO

CLUB

January - March 2019
ISSUE 01

PRUDENTIAL GOLD CUP 2018

Team Aston Martin Emerges as Winners

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CLUB NEWS
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Horses Fair

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SPC Appeal Bonanza
Interclub Dressage

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SOCIAL
Up-Close With
Jodie Kidd



BY PRUDENTIAL

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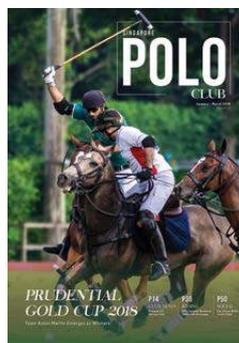
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On The Cover
Photo by Jon Sng

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CONTENT

OPERATING HOURS

FRONT DESK

7.30am – 9.30pm (Sunday to Thursday)
7.30am – 10.00pm (Friday & Saturday)

F&B OUTLETS

The Polo Bar

8.00am – 11.00pm (daily)

The Mountbatten Room

8.00am – 11.00pm (daily)

The Verandah

8.00am – 11.00pm (daily)
(Last food order at 9.30pm)

FACILITIES

Gaming

11.00am – 11.00pm (daily)

Gym

7.00am – 9.00pm (weekdays)
8.00am – 8.00pm (weekends)

Jacuzzi

7.00am – 9.00pm (daily)

LUSH Spa

10.00am – 9.00pm (daily)

Sauna

7.00am – 9.00pm (daily)

Squash Court

7.00am – 10.00pm (daily)

Swimming Pool

7.00am – 9.00pm (daily)

Tennis Courts

7.00am – 10.00pm (daily)

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\$18 per bottle (Sports Series)

bobble
make water better.

FACT

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You can play a part in Singapore Polo Club (SPC) green initiatives by owning a BOBBLE bottle which is available for purchase at SPC Reception. Contact us at reception@singaporepoloclub.org



SINGAPORE
POLO
CLUB

Singapore Polo Club
80 Mount Pleasant Road Singapore 298334

In partner with

PARADIGM WELLNESS



Dear Members and Friends,

Hope all of you had a wonderful holiday season and are as energised as I am for what is shaping up to be a great year for the Singapore Polo Club.

We have an exciting calendar ahead for Polo, Riding, as well as our Social Activities and Outreach activities.

We have also been given the final approval by the URA for the redevelopment and upgrading of our Club that has been in place for a while now. We will share more details in due course.

Wishing you all the very best for 2019.

Warm Regards,

Satinder Garcha
President



RESOLVE TO KEEP WELL IN THE NEW YEAR! HAPPY 2019!



January Spa Prescriptions 2 hr | from \$205 nett per pax

SPA TREAT warm foot bath + 80 min rosemary lavender body & scalp massage + migraine relief face spa

BENEFITS energizing & refreshing

ADD-ON warm stones \$20



February Champagne Spa 2 hr | from \$395 nett per couple

***Limited sessions on 13th & 14th Feb '19. Book early!**

SPA TREAT floral foot bath + warm chocolate body scrub + 50 min Lavender massage + Decleor face spa + champagne & strawberries

BENEFITS promotes relaxation & tension-relief

ADD-ON couple jacuzzi \$80/couple



March Anti-Ache Busters 2 hr | from \$198 nett per pax

SPA TREAT warm floral foot bath + 80 min warm stone ginger body massage + 30 min relaxing foot massage

BENEFITS improves oxygen flow; relieves tight muscles

ADD-ON face spa \$60



Dear Members,

Happy New Year to all our members and guests as we look forward to a really exciting year ahead with redevelopment and upgrading works certain to go ahead with the approval of our outline submission by the URA.

Last year we saw more than forty new members joining our Club as they enjoy the lush greenery, surroundings and the various facilities of the Club. With a thrilling polo calendar, the introduction of our riding league and a whole host of events lined up this year, members can proudly bring your families, friends and guests to partake in the fun and excitement of all these lifestyle, riding, polo events and activities.

We have noted that quite a number of members frequent our facilities for business meetings and networking. We are pleased to announce that from February this year, the Club offers a business support centre for those who prefer working in a conducive environment while enjoying the benefits of being a member. Please contact our Member Relations Officers who will be happy to assist you with your queries.

For couples who are looking for an enchanting and magical experience when celebrating your

special day with your loved ones, the Club offers solemnisation packages in a scenic and lush environment where you could spend an enchanting moment with horses and nature. Do contact our Lifestyle and Events Team to make an appointment and leave all your planning to us.

SPC's Outreach programs has reached out to even more organisations with plenty of activities and initiatives to do our part for the community and environment. The use of plastics in the Club has been greatly reduced and sustainability is the buzz word in the Club.

We are pleased to announce that our highly popular bath towels are available for sale at the front office together with your favourite polo and riding T-shirts and pants. You can also purchase them from Zack's Tack Polo Shop, located at the Verandah.

The recent riding exchange program between Malaysia and Singapore saw riders from both countries exchanging ideas on the finer points of show jumping, dressage and training. The Club is in talks with the Malaysian Equine Council to expand our level of training and development for our grooms; providing management courses as well as further raise the quality of stable management and grooming at our Club. Based on the Australian TAFE program, this would pave the way for more talent to further and better their skills and career in equestrian management.

We would like to thank members who had given their constructive feedback the past year and for those who had written in with wonderful comments recognising the hard work put in by the team; we want you to know that your positive comments will motivate and encourage them to do even better.

With the Committee and Sub-committees support, our volunteers and most of all; our members, my team and I will always continue to give our best to make this a Club you can be proud of. Our sincere thanks and appreciation.

On behalf of my team, I would like to wish you a Happy Lunar New Year and lots of blessings from above.

Warmest Regards,

Sylvan Braberry
General Manager

MARK YOUR CALENDAR

JOIN US AT
SINGAPORE
POLO CLUB
ON

SATURDAY
13 APRIL 2019

FOR AN

EGGSTRAVAGANT PARTY!!



HAPPY EASTER!



SINGAPORE
POLO CLUB

FOLLOW OUR
SOCIAL MEDIA
FOR MORE DETAILS



Scan me



New Members

October - December 2018

A warm welcome to the new members who have recently joined the Singapore Polo Club family. We look forward to seeing you at the club!

CHARTER

Claudia Maria Charlotte Fuchs-Klepek
Ding Hock Chai
Henry Edward Sowerby Lancaster
Klaus Alfred Reginald Benno Holtzem
Lee Taylor
Lin Yu Ming
Rachel Louise Ellingford
Sarimah Arsad Bonehill

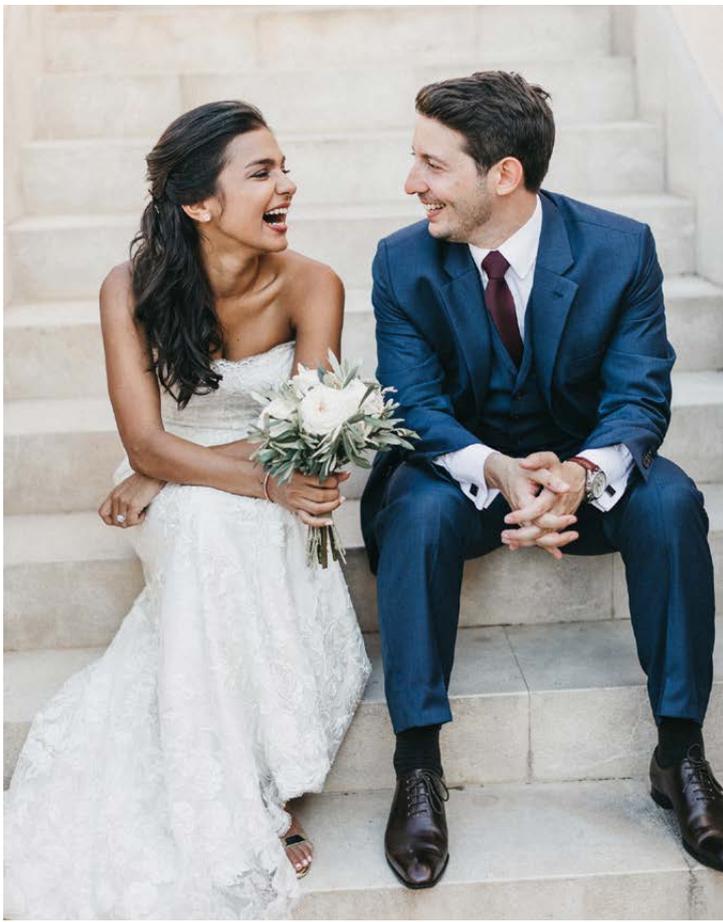
TERM

Giampaolo Murzi
Gilles Jacques Francois Demptos

REGULAR

Anbarasan S/O Thuraimanikam
Daniel Jonathan Rham
Gert Jan de Boer
Heather Morrison Laird
Heidi Kate Carter
June Cheah Nicholls
Kelly Sinatra Hardy
Laura Lim Fei Yien (Lin Fei Yan)
Matthew Francis Love
Michelle Ong Poh Choo
Nicholas James King
Noor Dhariwal
Olyna Ong
Polly Mei Yan Mak
Shannon Ker
Suzana Sarginin Vaessen
Trent Alexander Iliffe
Wong Mie-Leng
Zena Lim I-Linn
Zhan YuanTing





ELIZABETH GRACE

Elegance is Timeless

In celebration of the opening of Elizabeth Grace Bridal Boutique, please join me for a complimentary glass of Prosecco and viewing of my new 2019 bridal collection "Bohemian Star".


JOHNGRACE



30% off M2M, Bridal gowns & John Grace Suits January & Feb 2019*

Tanglin Shopping Centre
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247909
www.elizabethgracebridal.com

Singapore Polo Club Calendar of Events

2019 Polo Calendar

POLO

- 
- 15 January**
Field Re-opens for Stick & Ball Practice
 - 2 February**
First Day of Polo
 - 4-8 February**
Field Closed 01/1 Week Break
 - 16-17 February**
Club Tournament 01
 - 21-24 February**
Polo @ CBD Festival
 - 9-10 March**
2 to 4 goal
 - 23-24 March**
Club Tournament 02
 - 28-31 March**
4 to 6 goal
 - 13-14 April**
Club Tournament 03
 - 27-28 April**
Indian Polo Challenge (Singapore)
 - 2-5 May**
6 to 8 goal
 - 16-19 May**
8 to 10 goal
 - 3-10 June**
Field Closed 02/1 Week Break
 - 22-23 June**
Club Tournament 04
 - 6-7 July**
Club Tournament 05
 - 5-12 August**
Field Closed 03/1 Week Break
 - 24-25 August**
Club Tournament 06
 - 27 August-1 September**
Club Tournament 07
 - 14-15 September**
10 to 12 goal (Tentative)
 - 28-29 September**
Club Tournament 08
 - 12-13 October**
Club Tournament 09
 - 19-20 October**
Thai Polo Challenge (Singapore)
 - 26-27 October**
Club Tournament 10
 - 30 November**
Last Day of Polo Field Closed for 10 Weeks
 - 16 January 2020**
Field Re-opens for Stick & Ball Practice



Riding and Social Calendar February – April 2019

RIDING

9-10 February
Inter Club (STCRC)

16-17 February
Inter Club (SPC)

23-24 February
Inter Club (BTSC)

9-10 March
SPC Show (SPC only)

16-17 March
Inter Club (BTSC)

23-24 March
Inter Club (NEC) -Dressage

30-31 March
Inter Club (STCRC)

6-7 April
Inter Club (SPC)

13-14 April
Inter Club (BTSC)

27-28 April
Inter Club (NEC) - Jumping Only

SOCIAL

6 March
Prudential Networking Night

13 April
Easter Eggstravagant Party

**Dates are subject to change*

2018 Long Service Award



Tham Yee Hwa - 5 years



Low Hwee Lik - 5 years



Ng Gek Hua, Sharon - 25 years



Wong Li Min - 5 years



Samsudin Bin Abdul Latib
- 5 years



Asahari Bin Jadi - 60 years



Chua Joon Chong - 5 years



Major Lal - 10 years

LADIES TENNIS CLINIC 2019



Every Monday and Friday mornings from 9am to 10.30am

Suitable for beginners and intermediates

Class ratio at 6 : 1

\$45 per person (exclusive of GST)



VANTAGE TENNIS

For enquiry and registration, please contact Simon at

Tel: 9144 5223 or email: simon@vantagesportsgroup.com

Friends of Horses Fair

6 October 2018



The team behind the successful event

The Club held its second Friends of Horses Fair on Saturday, 6 October with eager visitors gathering at the covered arena as early as 10.30am. Guests to the event purchased coupons worth \$20, with the proceeds going to the Club's Outreach Programme.

Attendees enjoyed the various activities lined up for them at the event which included coming up-close and interacting with the horses and ponies for a feeding or photography session, a pony ride (for the courageous ones!), face painting, balloon sculpturing and more. Needless to say, the little ones enjoyed it most of all.

Squeals of laughter and chuckles filled the arena as the hungry horses munched on the carrots. For many, this was their first time coming close to these beautiful animals. The photos speak for themselves - check out the smiles!



Yummy! Can I have more carrots please?

Guests also visited the mini bazaar exhibited by vendors such as, KCI Montessori & Educational Toys, specialising in child-friendly Montessori-themed toys, Kerrits known for their equestrian apparel, Yasmeen et Alex, well-known children's fashion wear hand-crafted with premium cotton and linen and Project Temujin, developers of premium t-shirts by designers with special needs such as autism.

Special thanks to our members for their generous support and volunteering at the event. Our heartfelt appreciation to the grooms and SPC staff for their contributions.

Follow our Facebook and Instagram for details on the next Friends of Horses Fair.

To register your interest in supporting and volunteering for future initiatives, please email outreach@singaporepoloclub.org. Open to Singapore Polo Club members only.



Bandit-our friendliest pony





Gearing up for pony rides

Keen to attend the next Friends of Horses Fair? Here are some do's and don'ts when engaging with a horse:

- 🐾 Always ensure you pay extra attention to your surroundings when you're near a horse.
- 🐾 Approach the horses from the front and not the hind.
- 🐾 Do not run around and make abrupt noises or movement around the horses.
- 🐾 Do not feed them food that's not specially meant for them.
- 🐾 Be gentle with them, kicking their legs or hitting their faces causes injuries and may result in an aggressive horse.

Spreading Light and Joy for Deepavali

Photos by Nulife Care & Counselling

Singapore Polo Club's Outreach team supported beneficiaries from five families whom are cared for by Nulife Care & Counselling Services, by stocking their pantries in preparation of Deepavali celebrations.

It is heartwarming to have received feedback that this project had indeed touched the lives of our beneficiaries, and that we can all contribute in one way or another.

To register your interest in supporting and volunteering for future initiatives, please email outreach@singaporepoloclub.org. Open for Singapore Polo Club members only.



SPC's logo on display at Nulife's booth at Hasting Road



Food products for the beneficiaries



A Visit by Red Cross Home for the Disabled

Guests from the Red Cross Home for the Disabled descended upon Singapore Polo Club on the afternoon of 21 December 2018 for a tour around the stable and a close-hand view of the living quarters of the horses.

The visitors were thrilled by the rows of horses and were delighted to have the chance to pet polo pony Faviana, and peek at a horse taking a nap in the afternoon from close proximity. In particular, they were elated to be introduced to Bandit, the Club's most popular pony.

The guests also took a keen interest in the Club facilities, and asked questions on the role facilities such as the shower area, automated walker and feed room played in the daily lives of the horses.

Back at the covered walkway, the residents and their excited volunteers interacted with ponies Tapadita and Angelica by feeding them with carrots and petting them. Looking at their smiles, we're very sure they had a fantastic time at our premises and we look forward to having them back here again.

To register your interest in volunteering for future initiatives, please email outreach@singaporepoloclub.org. Open to Singapore Polo Club members only.

Equine Therapy Programme with Touch Community

The Singapore Polo Club's Outreach team conducted a 4-week long Equine Assisted Therapy Programme in November for trainees from TOUCH Centre for Independent Living (Bukit Merah).

The trainees learnt several activities during their weekly participation at the Club which helped develop their social skills while boosting their confidence when near horses. Here is a feature of the activities that the trainees partook in during the programme.



Happy and content trainees at the end of the month-long programme

WEEK 1

Stable Tour, Feeding and Petting a Horse

Trainees tried their hands at feeding and petting polo ponies, Esperanza and Tapadita. They also had a tour around the stables and picked up some knowledge about the different types of hay and horse feeds. Look at the smiles!



Melissa Ko, our Outreach Convenor explains the difference in types of hay to the trainees



Mark feeding Esperanza



Briefing before heading to the stables



Photo opportunity with Tapadita

WEEK 2

Grooming, Leading and Grazing

In this session, trainees had multiple hands-on experiences through various activities. They attempted a grooming session with Bandit and learnt how to lead and graze a horse using the lead rope.



Grooming Bandit



Learning to graze Esperanza

WEEK 3

Watching a "Live" polo demonstration and attempting a quiz on horses

Trainees watched a polo demonstration by Sanaullah Khan, the Club's polo professional in the covered arena where he demonstrated the four strokes of polo – forehand, backhand, nearside forehand and nearside backhand on Esperanza. They also watched Esperanza move in various gears such as walking, trotting and cantering. To complete the experience, participants also headed to the stables for a mini quiz and everyone did very well!



Learning about the gears used in a polo match



Yufira is all smiles with her successful completion of the quiz

WEEK 4

Horse Riding and Foot Mallet Practice

The last session of the programme was filled with excitement. Trainees had the opportunity to ride on a horse, with the volunteers leading them. This was a much anticipated activity for everyone. At the covered arena, Gullermina, Strawberry and Mayday worked hand in hand with the volunteers and trainees for their maiden riding session. Participants also tried out the four strokes of polo using the foot mallets. Good job everyone!



Confident on the horse



Felicia's maiden ride on a horse



Practising using the foot mallet

It was fantastic to see the trainees being so confident around a horse after just four sessions over the course of a month. Thank you to our riding and polo ponies, Esperanza, Tapadita, Gullermina, Strawberry and Mayday for being such sweethearts around them!

To register your interest in volunteering for future initiatives, please email outreach@singaporepoloclub.org. Open to Singapore Polo Club Members only.

Get Your Seat Together

Equestrian Fitness And Riding Aids

Article by Ali Reda

Riding has to be one of the hardest things to not get wrong. With a 500-kilogram animal with its own mind and another animal in the order of 50 to 90 kg atop this trying to school it into a partnership is a huge challenge which most of us take lightly. Add to that a stick in hand and an 8-inch ball to chase and the degree of complexity is quadrupled. Those lucky ones amongst us have ridden regularly since young and have developed what we refer to as a great "seat". No one is born a great rider although some are more natural than others and have been consistent in their pursuit of improved riding. They are also likely to have a better set of riding muscles and inner core. This is not to say that one cannot get to be proficient and with a good seat but it takes a lot of riding and acknowledgement that we need to be physically fit – equestrian fit. Hitting the gym is one thing which many do in order to convince themselves that they are ready and fit to ride and ride well. In the words of the great Equestrian George Morris "sitting pretty is not the objective; riding well is". To ride well one needs to be strong but flexible and most of the time using muscles in a stretched manner. One of the best activities which does this is Pilates, as it relies on own weight resistance flexibility and strength at the same time. The latter is important for all equestrians but critical for Polo Players.

In order to continue to enjoy your riding and the game of polo you need to look after your body so it will allow you to and in turn help your horses all round. As we get older, suppleness and healthy joints become ever more important to maintain if we want to continue riding without pain or discomfort. The best care for the body is movement and keeping it supple strong and healthy and the way to do that is in my humble opinion things like Pilates Yoga and body resistance type of exercises.

“ Don't practice until you get it right. Practice until you can't get it wrong.

- *Anonymous*

Naturally cardio is important but this can easily be built into such a program. Unlike other activities these focus on breathing and the inner, rather than the superficial core. For those who are interested specifically in Polo Fitness there are a few trainers around the social media who dedicate themselves to exactly this aspect. In fact, the first which comes to mind is Martin Perez who had visited the club some years ago. His website is fitnessforpolo.com

Remember always that you are either schooling or un-schooling a horse and nothing in between. It is easy to lose focus and get complacent whilst riding leading to confusion on the part of the horse. What you do whilst atop is critical to the formation of the horses mental and physical well-being. Know your horses, their fitness and feed level and have a plan for their exercise and schooling. Again, ask the professionals when needed and no matter how long you have ridden for you must keep on riding and polishing your seat (literally) and position in the saddle.

To be relaxed yet strong in the legs and gentle with the hands whilst riding is paramount. The use of the hands in riding are the hardest thing to

learn and teach as well. They relate to temperament and mood of the rider and in turn are communicated to the horse. Out of all the other "aids" we have at our disposal they are the most used by less proficient riders and do most damage to horses' schooling.

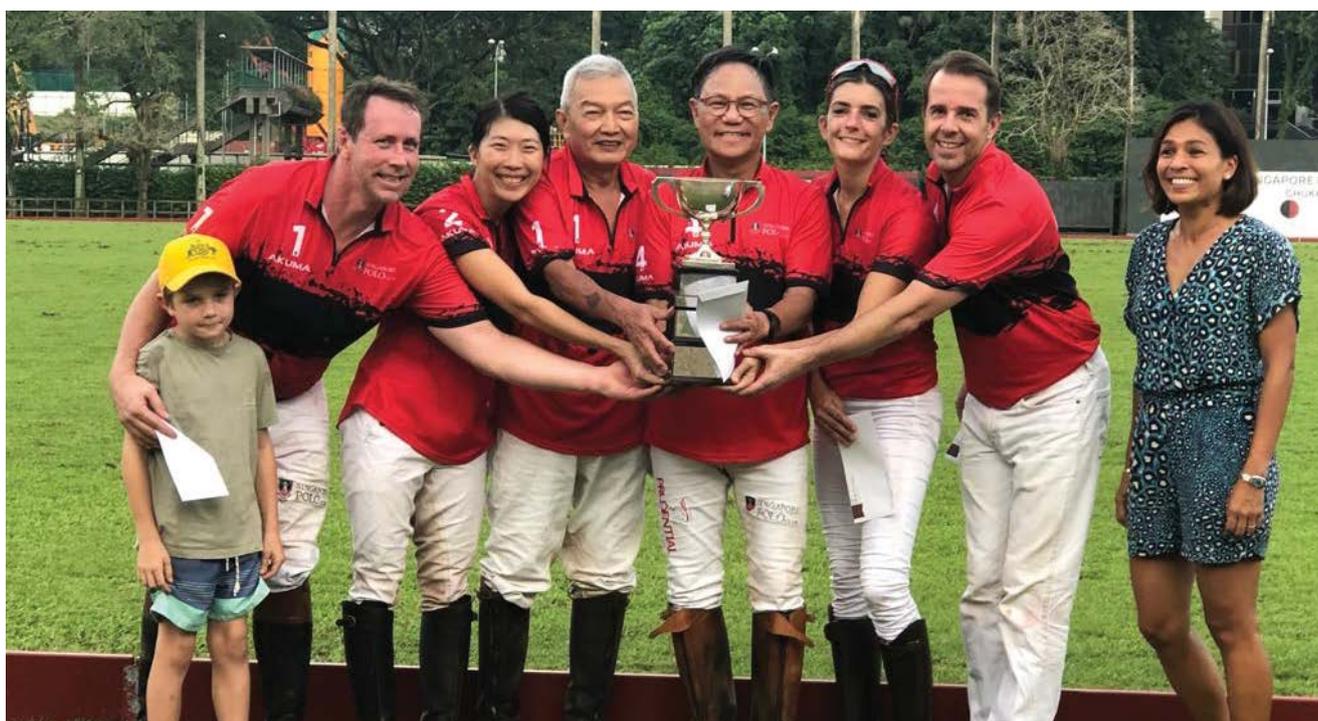
For those who are wondering the natural riding aids are:

1. Seat
2. Legs
3. Voice
4. Hands

There are of course others which are secondary such as the Bit, Whip Spurs and others; but they should be used sparingly. If you are physically fit supple and strong in the core and legs riding will be so much more enjoyable and you will indeed practice until you can't get it wrong.



2018 Polo Season Comes To An End



Team Red, proud winners of the Myra Cup. From left to right: Dave Alden, Koh Pei Bei, Tan Hock, Lawrence Khong, Marie Godenir, Stjin Welkers and Nadia Taylor.

The 2018 Polo Season wrapped up with a Club Tournament on 24 and 25 November with teams competing for the Myra Cup. The four chukka matches featured an adrenaline pumping display of skill and teamwork by the players with Team Red eventually raising the challenge trophy! Congratulations to the winning team.

Team Red:

Lawrence Khong (Captain)
 Stjin Welkers
 Marie Godenir
 Tan Hock/Koh Pei Bei
 Dave Alden

Team White:

Daniel Chua (Captain)/Lucas Ertugrul
 Richard Bailey/Ang Ban Tong
 Ali Mirza/Max Parkhurst
 David Henwood
 Deanie Sultana/Jane Drummond

**CLUB POLO
 TOURNAMENT
 24 TO 25 NOVEMBER
 2018**

A DIV:
Myra Cup

Match:
4 chukkas each day

Scores:
**Team Red 6 vs. Team White 8
 24 November**

**Team Red 7 vs. Team White 3 ½
 25 November**

Winner:
Team Red



Well-played Team White! From left to right: Ali Mirza, Jane Drummond, Deanie Sultana, Lucas Ertugrul, Max Parkhurst, David Henwood, Daniel Chua, Ang Ban Tong, Richard Bailey and Nadia Taylor

Prudential Gold Cup 2018

The Gold Cup, now in its third year, has become one of the most anticipated tournaments of the SPC polo calendar. Sponsored by Prudential, the 14/16 goals tournament is the highest level of polo played in Singapore and allows spectators to watch some world renowned players battle it out on our field.

This year, the Aston Martin Pro-Am, played at 14 goals, took place in the earlier part of the week, followed by the Prudential Gold Cup match on Sunday. The tournaments consisted of three matches of four chukkas each, and had two strong teams competing - Prudential and Aston Martin DB11. The action on the field was intense on all three days, but the Aston Martin DB11 team was stronger and defeated the Prudential team by 8 ½ to 4 goals.

The Gold Cup was played on Sunday, October 28 – the clubhouse was beautifully decorated in hues of white complete with fresh flowers and set the mood for a fun afternoon for members and sponsors. Steps away from the Club's Reception and at the pony line, were two stunning performance sports cars displayed by Aston Martin. The stylish automobiles stopped guests in their tracks and had them snapping photos. Spectators also enjoyed the buzzing ambience while listening to music in the Mountbatten Room, which was transformed into the KEF Music Lounge specially for the event.

The afternoon began with the Youth Polo Exhibition and we saw some excellent polo from our budding young talent. The Red team was represented by Oscar Ma, Lucas Furlong, Hugo de Lisle and Chloe Sultana. They played against the Purple team consisting of Matias Furlong, Grace Cariss, Alex Soerensen and Tom Lowndes-Cox.



Champions of the Prudential Gold Cup 2018 – Team Aston Martin Vantage. From left to right: John Elkovich, Head of HNW Solutions, Ali Reda, Carlos Pando, Raul Laplacette, Satinder Garcha and Alvin Low, Country Manager, KEF



1st runners-up with John Elkovich, Head of HNW Solutions. From left to right, Sattar Khan, Iqbal Jumabhoj, Craig Wilson, Hissam Hyder and Vinod Kumar

Lucas Furlong scored the golden goal for the Red Team, during the 10-minute chukka, with a final score of 1:0.

After a short intermission, Nick Hadou made the announcement to commence the game of the day, bringing loud cheers from the eager spectators. Captaining the Prudential team in white was Hissam Hyder from Pakistan, and also the highest ranked polo player in Asia. His fellow team mates were Craig Wilson from New Zealand, Sattar Khan, Vinod Kumar and Iqbal Jumabhoy. The opposing Aston Martin Vantage in green, was made up of Raul Laplacette as Captain, Carlos Pando, Satinder Garcha and Ali Reda.



Winners of Aston Martin Pro-Am 04 with Andreas Wilson, Head of Marketing Communications, Aston Martin Asia Pacific. From left to right, Iqbal Jumabhoy, Satinder Garcha, Carlos Pando, Vinod Kumar and Raul Laplacette



1st runners-up of Aston Martin Pro-Am 04 with Rickard Hogberg. From left to right, Sattar Khan, Ang Ban Tong, Craig Wilson, Yeo Kuo Lee and Hissam Hyder



Youth polo players with Ang Roon Kai and Ali Reda



Wee Tiong Han with winners of Best Dressed Hat



Best Dressed Lady – Elin Jansson with Wee Tiong Han



Best Dressed Couple – Mr and Mrs Yeo with Wee Tiong Han



Anxious moments on the greens



Sattar Khan is determined to get the ball



Tough fight for the young ones too



Tough competition on the field



Satinder Garcha, Most Valuable Amateur Player with Rickard Hogberg

A fierce battle ensued right from the start of the first chukka, when Raul Laplacette launched the ball outfield to Ali Reda, who then swung it right through the post, clinching a goal for Aston Martin. Towards the end of the first chukka, Raul Laplacette again brought the game to a score of 3 ½ by Aston Martin, and 0 for Prudential.

The second chukka began with Craig Wilson scoring the first goal for Prudential. Aston Martin was not deterred, and pushed on to bring the score to 5 ½ to 1.



Raul Laplacette, Most Valuable Professional Player with Rickard Hogberg

The 15-minute interval marked the start of the traditional "divot stomping". An interesting game was announced which was to bring back a champagne cork hidden on the greens to win a fantastic prize and this, sent the eager spectators sprinting on the polo field for the hunt. Several minutes into the game, Leopold, a bubbly teenage



Best playing pony, Pacau Gilgero with owner Satinder Garcha and groom Srinu



It's a wrap for the day



KEF music lounge



Exuding charm and elegance -
Aston Martin DB11 V8 on display



Guests at the event



Guests from Prudential Singapore

participant came back smiling with his prized possession, and was rewarded with a gift sponsored by Veuve Clicquot.

Some hit and miss moments were seen during the third chukka. Craig Wilson was once again placed in an advantageous position, scoring a second goal for Prudential. However, Aston Martin was aggressive in their pursuit, and with a penalty goal by Satinder Garcha, the score stood at 6 ½ : 2 with Aston Martin leading the game.

The score board moved quickly, and despite Iqbal Jumabhoy, Hissam Hyder and Craig Wilson each adding a goal for Prudential, Aston Martin was still in the lead at 7 ½ : 5. The clock was ticking fast and Prudential tried their utmost best to catch up, but time was clearly not on their side. For 2018, it was the reign of green as Aston Martin waltzed off with the coveted Gold Cup title.

Score and winners:
ASTON MARTIN VANTAGE – 7 ½ : PRUDENTIAL - 5

Winners of Youth Polo:
PRUDENTIAL (RED TEAM)

Most Valuable Amateur Player:
SATINDER GARCHA

Most Valuable Professional Player:
RAUL LAPLACETTE

Best Playing Pony:
PACAU GILGERO BELONGING TO AND PLAYED BY SATINDER GARCHA

Best Turnout Pony:
COSITA BELONGING TO VINOD KUMAR AND LOOKED AFTER BY BUANG BIN ARSWAN

Spectator's Lucky Draw:
ELAINE ONG FROM PRUDENTIAL

Winner of Divot Stomp:
LEOPOLD

Thank you to our Tournament Officials and title sponsor Prudential, Aston Martin, KEF, Veuve Clicquot, IndoChine Group and Princess Yachts.

Grooms Cup 2018

One of the most popular annual tournaments at the Club – The Grooms Cup, took place on 17 and 18 November over a two chukka match each day. SPC Grooms and SPC Members saddled up to take each other on in a well-played match. Who do you think emerged victorious? Check out the team list and scores below.

Team SPC Grooms:

- Buang Bin Arswan (Captain)
- Dao Madukar Reddy
- Nelson Thomas
- Rayman Moses

Team SPC Members:

- Tim Zee (Captain)/Jane Drummond
- Ali Mirza/Jane Drummond
- William Gordon-Canning/Purvish Shah
- Deanie Sultana/Sharel Ho

**GROOMS CUP
17 TO 18 NOVEMBER 2018**

Scores:

Grooms 6 vs. Members 1 17 November	Grooms 5 vs. Members 1 18 November
---	---

Winner:
SPC Grooms



Team SPC Grooms – winners of the Grooms Cup 2018. From left to right: Buang Bin Arswan, Nelson Thomas, Rayman Moses and Dao Madukar Reddy



Harpreet Kaur Bedi with Team SPC Members – 1st runners-up. From left to right: Jane Drummond, Deanie Sultana, Tim Zee, Ali Mirza, Purvish Shah and Sharel Ho



Will team SPC members get the ball?



Fine line-up of players



Post-match celebration

Beinhorn-Faizullah Youth Challenge Cup



The winning team! From left to right: Max Parkhurst, Natasha Garcha, Virgile Goldberg, Matias Furlong and Grace Cariss

Enthusiastic teenagers were pitted against each other in a friendly match held over the weekend of 17 and 18 November with a two chukka match played each day. The teams wasted no time in scoring goals and got hold of every opportunity as they vied for the challenge trophy. Excited parents, grandparents, siblings and friends cheered them on from across the polo line.

Congratulations to Team Red, winners of the Beinhorn–Faizullah Youth Challenge Cup!

Team Red:

Max Parkhurst
 Virgile Goldberg
 Matias Furlong/Lucas Furlong
 Grace Cariss/Natasha Garcha

Team White:

Lucas Ertugrul
 Oscar Ma
 Alex Soerensen/Tom Lowndes-Cox
 Chloe Sultana/Harley Sultana

**BEINHORN-FAIZULLAH YOUTH CHALLENGE CUP
 17 TO 18 NOVEMBER 2018**

Scores:
**SPC Red 2 vs. SPC White 3
 17 November**

**SPC Red 2 vs. SPC White 1
 18 November**

**SPC Red 2 vs. SPC White 0
 (Penalty shoot-out)**

Winner:
SPC Red



Who's getting it?



Oscar Ma determined to get the ball



Harpreet Kaur Bedi with the 1st runners-up. From left to right: Alex Soerensen, Lucas Ertugrul, Oscar Ma, Tom Lowndes-Cox, Harley Sultana and Chloe Sultana



Ride Into An *Enchanted Fairytale Wedding Solemnisation* at the Singapore Polo Club

Walk down the wedding aisle and be greeted by the lush greenery and rustic trails along with an elegantly dressed horse. Celebrate in grandeur amidst the most unique colonial and tropical landscape here, at the Singapore Polo Club.

Create an everlasting memory through your dream fairytale wedding by hosting your solemnisation at one of the oldest and most prestigious clubs nestled in the lush green outskirts of the city.

At the Chukka Terrace, guests can enjoy a sprawling view of the polo field and beautiful city skyline that hosts up to 50 persons, while the Mountbatten Room offers an intimate, air-conditioned venue providing a seating of 30 guests.

We welcome you to have a preview at the Club, and our Events team will gladly assist you.

A PERFECT LOCATION FOR SPECIAL MOMENTS



SPC YOUNG RIDERS

We will be featuring several of our inspiring young riders who have rode and participated in competitions, locally and internationally. They share with us about their passion for riding, love for horses and the moment that instilled them into taking up riding as a hobby. Their advice to riders intending to take up this sport is to firstly, abolish their fear of horses and to have lots of patience. We hope that they inspire you as much as they inspire us. Have a hearty read.



Anaaya Deshpande is 10 years old and has been riding from the age of four. She talks about her love for horses, riding, and her experiences with Boa, SPC Riding Academy's School Horse.

As one of the upcoming young riders at SPC Riding Academy, Anaaya started riding in the United States at the tender age of four. Hailing from Rochester, New York, she rides at local equestrian schools when her family heads back to their home town every year for summer. She has also done trail riding in countries such as Canada, Mexico, the United States and Australia. She aspires to be like her idol, Elizabeth "Beezie" Madden, an American Olympic show jumping winner from Nelson, New York, and exclaims that one should not be afraid of their ride as the horse will sense the fear and take advantage of it.

Her family moved to Singapore when she was five years old and joined the Singapore Polo Club (SPC) in 2016 which allowed her to further fuel her passion for riding. Anaaya says that she loves how the Club had given her a good community of friends with whom she has close bonds, not to mention excellent instructors who strive to push her out of her comfort zone and encourage her to improve her riding skills.

Despite training four days in a week, Anaaya ensures she keeps a healthy balance between school and riding and spends at least as much time on her assignments as she does on riding. Her favourite school horse is Boa, whom she leases at SPC for her lessons. She shares a funny story about him: "Every day that I ride Boa is an interesting experience because he's technically afraid of everything – thunder, rain, birds, children, loud noises, other horses, cars and some days even his own shadow! When Boa is afraid, it makes for a "spooky" lesson and though he can be a little silly at times, I love him to bits and he's a great pony. We both teach each other a lot and every riding lesson with him is a new learning moment, experience and adventure for me!"

Anaaya who has participated in several training and interclub shows at SPC, is also a well-versed rider internationally. She participates in various show jumping competitions every summer, with the most recent being the High View Farms Horse Show in 2018 where she emerged as the winner, riding a US Olympic horse, Montenegro. Prior to that, she participated in the Vermont Summer Festival 2017, a USEF regional Jumping Competition.

Coming from a family who is very supportive of her passion for riding and horses, Anaaya is determined to fulfil her dream of competing in the Grand Prix, and is focused on developing and strengthening her Jumping skills to make this dream come true.

We wish her all the very best in realising her goals.

Aleksandra (Ola) Czopor shares about her riding experiences in China and Poland and talks about her future goals and ambitions in the equine industry.

Eleven year old Ola's (as she's fondly called) love for horses started when she was young, girls of her age would usually play with dolls but Ola would request for toy horses instead. Her first encounter with horse riding was in China, at the age of five years. Seeing her interest for it, her parents sent her for riding classes to a stable near their home in Beijing, China where they were residing at that point in time.

She started taking professional riding classes under coach Dong Fei, who was a very strict and serious coach, allowed her to grow as a rider by teaching her the basics. This contributed to her riding journey and development over the many years.

Her family migrated to Singapore in 2017 and she joined SPC after riding at three different stables. Though all the schools were different, SPC had an overall better impression on her. She mentions that the instructors were the most important aspect of the Club and she loves her lessons with Edric, a riding instructor at SPC Riding Academy as he continuously ensures that she improves. She also found that the Club is an excellent place to unwind and spend time with the horses.

Ola has been riding for five years and has four lessons every week. Additionally, she also attends three weeks of horse riding camp whenever she is on holiday and rides in Poland every year. When asked how she juggles school and riding, she exclaims that horse riding is her passion, therefore she always ensures to organise time for it. She rides after school, or in the mornings before heading to school. "You need to like things you are doing, otherwise you will not be able to find time to organise your day," she says.



She leases Keepsake, a riding school horse with a challenging character, but upon showing who the rider is, she would automatically become more cooperative and competitive. Ola also treats her to a horse cookie after every lesson, failing which she will stomp her leg to show her displeasure. She recalls an interesting experience when she was at a horse riding camp at the age of nine and partook in a cross country race with a pony named Filip. Though he was the smallest there, he had a big heart and excellent sportsmanship and fellow participants had a hunch that she would not be clinching the winner's title, but lo and behold she proved them wrong by finishing first, faster than the bigger breeds! The wishes that poured in from the surprised participants were overwhelming and she was just so proud – it was an incredible feeling.

Having competed in various competitions and interclub shows under the dressage category, she also attempted jumping competitions. Last year, she was one of the youngest riders to have passed the

Silver Equestrian Badge in Poland and she'll be attempting the Gold Badge when she turns 15 years old. Having trained and idolised Antoni Chlapowski, her instructor at the riding camp in Poland who has won several competitions, she aspires to be at least as good or even a little better.

Ola shares that horse riding is a demanding sport, with good and bad moments where one will need to work on the trust with their horse atop passion, teamwork and requires a lot of time and patience. A good instructor is also pivotal so that the rider can feel comfortable while building a bridge of trust between them, which will help better their riding skills. She hopes to see herself eventing in future and would like to start compete in Jumping Level 1 and improve on her dressage skills. "I really hope to get much better in horse riding and would like to ensure that I develop both sports plus gain more experience in cross-country so that I can be closer to compete in horse trials," she shares.



GETTING TO KNOW THE MULAYS

Introducing the Mulays – Deepak, Kaveri, Aarohi and Aanya, a chirpy and fun family of four who are new additions to the Club with a passion for riding. They share with us their riding experiences with Singapore Polo Club (SPC) Riding Academy, their impression of the Club and their plans for the future.

Deepak Mulay, who is a project manager has been married to Kaveri, a housewife, for 23 years. They have two teenage daughters, Aarohi and Aanya aged 15 and 13 respectively. The family of four lived in the UK before relocating to our sunny island for Deepak's work.

The story of how they came to know about SPC is rather unique. Kaveri was introduced to the Club through a member who happened to be her best friend. She often shared with her friends how wonderful the Club was,



Iceland horse riding



Aarohi riding in Melbourne

and on several occasions, invited them over for meals and to simply watch the horses. At the same time, Deepak was introduced to the Club through another member through social enterprise which is another activity that he engages in. As their daughters were already riding in Singapore, the couple knew immediately that they had to sign for a Polo Club membership.

The family like SPC for its equestrian related activities and its connection with the horses "I will buy 5kg of carrots at Tekka Market whenever I have the time, and then we head over to the Club to feed the horses – it's a therapeutic feeling to be able to unwind with these majestic animals. The girls also love watching polo on weekends after their riding lessons. It would be great to have enhanced facilities so that we feel like spending more time here – similar to a second home!" exclaimed Kaveri.

The teenagers have been with the SPC Riding Academy for almost a year, with Deepak joining them recently. "I used to accompany them for lessons and watched them for a while before I decided to jump into it," said Deepak. Though they formally started riding less than a year back, Aarohi's first

horse riding experience was in the UK, when she was two years old. Kaveri recalls how natural her little girl was at that time. "She used to sit up right, like a professional. It was as if riding was in her blood," says her proud mother. Deepak on the other hand, used to own and ride a horse back in India, where he used to live for 12 years, but had not taken any professional riding lessons. When asked on how he managed to ride without lessons, he said: "Well, back in those days I simply learnt by falling off a horse."

When asked if they had any interesting experiences while riding, their faces lit up and Aanya shared a funny incident about Rascal, a riding school horse with whom she did a Pony Club D Test in September and October this year. "Half-way through my test, Rascal decided to munch on one of the decorative plants and there was nothing I could

do to stop him. He had the whole pot of plant in his mouth and just wouldn't let it go, I was a bit confused, and Edric one of the instructors who happened to be the judge, stopped the test and immediately came to my rescue. That was a vivid memory I have of him."

Deepak expressed that he is impressed by the quality of the instructors at the riding academy as each of them have different styles and experiences, which are favourable to students as they can benefit from their various inputs. Presently, Deepak is contented with doing a leisure ride and his personal goal would be to enjoy a nice canter and gallop. He will be encouraging the girls should they want to take part in competitive riding.

We wish the Mulays the very best and hope to see them excel and further their passion for riding.

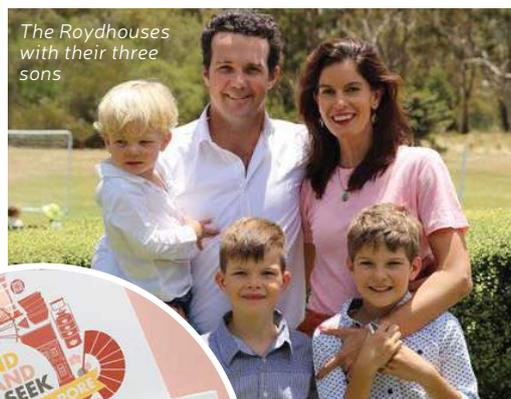


FUELLING A CHILDHOOD PASSION

We bid adieu to Ms Sally Roydhouse, our member who has been riding at the Club for several years as she prepares to take on new challenges in her life and career. The editorial team of SPC Magazine had a friendly chat with Sally, who will be migrating to Australia with her family in January 2019. She reminisces about her eight years of riding experience at the Club with her family.



Sally with Lisco, at a recent competition



The Roydhouses with their three sons



Proud creator and author of the "Find and Seek" Books series

Sally, a graphic designer by profession is married to trader Campbell Roydhouse and has three sons Rupert, David and Jack aged 9, 7 and 3 respectively. The family spend a lot of time at the Club, especially on weekends with the boys enjoying their weekly introductory riding lessons at the SPC Riding Academy and having their meals at the Club's restaurant.

She calls the Club her second home and shares that she loves the friendly ambience and gestures from members and staff. The family frequently enjoys a good workout at the spacious tennis courts and are always catching up with friends at the swimming pool.

Sally has been an avid horse lover since she was young and started riding at the age of 4. She recalls how she used to ride her pony across neighbouring properties of her cousin's house at the age of 12 and enjoyed a lot of freedom. As their family lived in a remote Tasmanian town, they had the land and space to own and rear horses, but unfortunately she could only receive two to three riding lessons per year

due to the inaccessibility for instructors. "My parents were very supportive of my passion, I would spend all my spare time with our horses – I was totally obsessed with them. As I got older I joined a pony club in town and competed regularly. This meant I had no time to meet boys and 'go out' to the nightclubs. Hahaha! Which is probably why they were so happy with my decision," she says.

She took a break from riding at the age of 18 and went on to pursue her studies and design career in Melbourne. After arriving in Singapore in 2007, she started volunteering with Riding for the Disabled Association Singapore (RDA) and then got to know about Singapore Polo Club (SPC). Given the long break from riding, the feeling of getting back on a horse was fantastic and something she really missed. Horses were and will always be very special to her, and became the motivation for the entire family to take up riding.

Sally commented the instructors hired at the now Riding Academy are great,

not to mention how the horses are well-fed and looked after by the friendly stable staff. "I'll definitely recommend anyone intending to take up professional riding lessons to SPC's Riding Academy!"

She participated in a couple of Dressage and Show Jump competitions last year with Lisco, one of the horses at the riding school that she forged and developed a strong bond with, in terms of personality. It was a tough challenge training for the competitions as she had a part-time career to juggle between her family and her riding lessons.

The Roydhouses will be moving back to Australia and it's going to be a different experience, given that all three children were born in Singapore and have never lived in Australia. It will be summer back home, and the family is building a house set across lush greenery and paddocks for ponies and horses to run around. "I hope to slowly adapt back to the country life that I used to lead and will then think of purchasing a horse – it's an ideal environment to own one. I could never live without them!"



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SPC APPEAL BONANZA INTERCLUB DRESSAGE

4 NOVEMBER 2018

Featuring the winners and participants of the Singapore Polo Club Appeal Bonanza Interclub Dressage which took place on 4 November, 2018.

Congratulations to everyone!



Congratulations winners! From left to right: Annabelle Rehn, Ms Lorraine Bottreau, Maya Matheson, Lara Baker, Lynn Chen and Diane The.



Arielle Tang on Rev participated in the Preliminary 1.1 (20 x 40 arena) Juniors



First place, Class 2: Pony Club C1: Ashley Walker on Tiptoe



Second place, Class 1: Pony Club D1: Helena Eskensen



A group picture with Mr Sylvan Braberry, General Manager of SPC; Ms Lorraine Bottreau, Dressage Judge and Ms Peggy Yeo, Riding Committee Member.



Katie Marley on Dandy participated in the EFA Preliminary 1.1 (20 x 60 arena) Restricted



Beatrice Pinner with Tuli participated in the Class 2: Pony Club C1



First place, Class 6: EFA Novice 2.1: Maya Matheson with Sir James

SINGAPORE POLO CLUB PLAYS HOST TO THE BRITISH HORSE SOCIETY EXAMS

STAGE 1 AND 2

Singapore Polo Club was the venue host for The British Horse Society (BHS) Stage 1 and 2 examinations which took place on 10 and 11 December. The prestigious exams are recognised around the world, and saw the participation of groups of candidates from Asia, with some undertaking both stages of the exam at the same time.

Held annually, this pathway provides and supports the fundamental skills required to teach and coach both entry level and professional competitive equestrians in care, management and riding. At the end of the exam, a person certified with the BHS Stage 1 will be able to work under supervision, and have the basic knowledge and skills to look after a well-mannered horse in the stable and at grass. A person certified with the BHS Stage 2 will be able to work as an assistant groom or work rider, competently caring for and riding horses with limited supervision. Personnel keen in taking up these certifications must commence from Stage 1.

The Stage 1 – Complete Horsemanship 1 exam is an essential entry level award for anyone aged 14 and above who cares for and/or rides horses regularly. The certification, which comprises a care and ride module, provides the receiver with a good foundation of equine knowledge and a solid base to build one's riding skills.

Candidates were assessed on the knowledge of the responsibilities of working at the stable yard, being able to maintain a clean stable, carrying out routine grooming tasks, describing horses and knowing about their behaviour and health, using rugs appropriately, tacking up and un-tacking, handling, feeding and watering a horse. They were also put through a 30-minute riding assessment which tested their ability to mount and dismount from a horse, riding horses in walk, trot and canter under supervision and positioning a horse for mounting.

The Stage 2 – Complete Horsemanship 2 certification provides the receiver, aged 16 and above, with knowledge and understanding of equine care and management, lunging, riding on the flat and over fences, together with the principles of teaching and coaching. They were also acquainted with the roles, rights and responsibilities for their next step as an assistant groom.

Examinees were tested on their knowledge on preparing horses for presentation, caring for their feet, feeding and understanding of fitness, fitting standard tack and travel equipment, knowing how to care for horses on a day-to-day basis. They were also tested on understanding the horses' health, basic anatomy, location of key organs, function



Stage 1 candidates



Stage 2 candidates

of digestive systems, assessing normal and abnormal behaviour and understanding when veterinary intervention is required, and on loading and unloading a horse on a float.

In a 1-hour practical assessment, they were also tested on their competence on lunging a horse for exercise according to instructions, focusing on details such as knowing the reasons for lunging a horse, and the equipment required. Participants were also tested on another level of riding skills which were tougher compared to the entry level. They were to evaluate their own riding and the way the horse goes both in terms of flatwork and jumping, be able to ride a horse in an arena and open space, jump single fences and navigate a small course of 75cm. They should also have an understanding of respecting other users while applying aids to work the horse.

The final module for this exam was on understanding the role and responsibilities of a horse riding teacher and to show their competency in working with riders of varying ages. The candidates underwent a lunge, integrated flatwork, jumping group lessons and a practical stable management session which tested their coaching principles, ability to introduce new subject matters and dealing with problems.

We would like to voice our support for all the candidates and wish them all the very best in their endeavours.

THE INAUGURAL ASIA PACIFIC EXCHANGE PROGRAMME TWILIGHT DRESSAGE AND SHOW JUMPING COMPETITIONS 2018 A BIG SUCCESS



(L-R) Mr Daniel Sitranen, SPC's Riding School Manager and Mr Johari Bin Lee, Visiting Instructor, with the participants of the exchange programme

Twenty teenage riders from Singapore Polo Club (SPC) and riding clubs in Malaysia took part in an exciting inaugural exchange programme hosted by SPC that ran from 6 to 8 December, 2018. The private event consisted of two rounds each of Show Jumping and Dressage competitions, with a participant from each team paired to obtain the overall pair placings.

This thrilling event kicked off on Thursday 6 December, with a welcome lunch for the visiting coach, riders and their family members. At mid-afternoon, the organising committee conducted balloting and test riding sessions for our guest riders so that they could familiarise themselves with the balloted school horses.

On Friday afternoon, the event commenced with a course walk and Show Jumping Speed class at



Second from left: Dato' Malek Jeremiah, Executive Secretary of the Malaysian Equine Council with his wife, Datin Rokiah Yusof together with Mr Sylvan Braberry, General Manager of Singapore Polo Club; Mr Johari Bin Lee, Visiting Instructor of the Malaysian team and Edric Lee, Riding Instructor of SPC Riding Academy



Tia Gabler on Skyhi Even Better



Arysha Haya on Venice

the covered arena. In the evening, the Dressage Preliminary level 1.2 Competition rounded off the first exhilarating day.

The competition continued the next morning with round two of the Dressage Preliminary level 1.3, with the excitement level heightened at the end of each round when paired placings were announced.

Instructors from SPC's Riding Academy also played a pivotal role in contributing to the success of the event. Riding School Manager, Daniel Sitranen built the jump-off course for the events on both days, while before the commencement of the competition, Laurent Ruelle, Riding Instructor of SPC Riding Academy, could be seen preparing for the evening's programme - stewarding, setting up the obstacles and warming up the riders. Edric Lee, another well-experienced instructor from the Academy, together with Lorraine Bottreau, a qualified equestrian rider, trainer, coach and an accomplished competitor in several equestrian disciplines with many championship titles and wins during her career, were appointed as Show Jump and Dressage judges respectively.

The evening was abuzz not only with the ongoing competition, but also the presence and support of many families, members, friends and supporters.



Chiara Mei Corbi on Sweet Tart

After the highly anticipated award ceremony, a buffet dinner was thrown at the Chukka Bar for participants and guests. It brought the day to a happy conclusion, with everyone relaxing and unwinding after a hearty meal, sharing their experiences and wins.

During the 3-day event, all participants had exhibited their greatest horsemanship and riding skills, and it had been a fantastic ground for everyone to interact.

Our congratulations to all winners, and a big thank you to the Riding Academy Team, Organising Committee, Officials, supporting parents, friends, and Captain Thomas Young, the Official Sponsor for this successful event.



Mr Sylvan Braberry, General Manager of Singapore Polo Club presenting Tan Zi Zian the award for being the Most Valiant Rider



Congratulations winners!



Mr Sylvan Braberry with champions Tiffany Tong and Arysha Haya.

NAME	CLUB	HORSE	FRI POINTS	SAT POINTS	NAME	CLUB	HORSE	FRI POINTS	SAT POINTS	TOTAL POINTS	PAIR PLC
Tiffany Tong	SPC	Guiness	37	28	Arysha haya	MAS	Venice	24	27	116	1st
Tia Gabler	SPC	Skyhi Even Better	39	34	Aisling Kate O'Reilly	MAS	Mo	13	25	111	2nd
Caedan Paul	SPC	Tyrion	34	38	Hariz B. Kamaludin	MAS	Ollie	16	18	106	3rd
Tengku Muhammad Syukri	MAS	Dandy	32	22	Chiara Mei Corbi	SPC	Sweet Tart	14	25	93	4th
Ysabelle Lo	SPC	Red	29	25	Joshua Teo	MAS	Cassie	14	22	90	5th
Sophia Fatima Cheah	MAS	Mimo	22	6	Sian Lexmond	SPC	Rambo	23	29	80	6th
Madison Tong	SPC	Tip Toe	30	25	Oriane Devigne	MAS	Boa	9	8	72	7th
Zoe Masefield	SPC	Mr Percy	25	24	Tan Zizian	MAS	Joey	12	8	69	8th
Muhammad Faris Haikal	MAS	Sugar	20	21	Viktorija Rosenkilde	SPC	Sharpy	3	13	57	9th
Lucas May	SPC	Marilyn	13	12	Jenna Helweg	MAS	Lisco	12	10	47	10th

FEI WORLD DRESSAGE CHAMPIONSHIP

27 - 28 OCTOBER 2018

Photos by Karina Lim

Singapore Polo Club riders participated in the FEI World Dressage Challenge 2018 on 27 and 28 October at Singapore Turf Club Riding Centre.

Roshni Pannirselvam and Cynthia Ee with a total score of 419.0 and 404.5 respectively, out of 660, clinched the second and third ranks.

Well done ladies!



Cynthia Ee with Don-To-Fight



Roshni Pannirselvam with Dancing Boy

FEI Challenge Senior II (Challenge) Results:

Rider	Horse	Scores (Judge C)	Scores (Judge E)	Total	Percentage	Rank
Roshni Pannirselvam	Dancing Boy	211.0	208.0	419.0	63.49%	2nd
Cynthia Ee	Don-To-Fight	205.0	199.5	404.5	61.29%	3rd

FEI WORLD JUMPING CHALLENGE 2018

2ND AND 3RD LEG

Photos by Cara Grimshaw

The first leg of the competition took place on 15 and 16 September at Singapore Turf Club Riding Centre, where Ysabelle Lo won the Champions title.

The second and third leg took place on 20 – 21 October, and 3 November at Bukit Timah Saddle Club and National Equestrian Centre, respectively.

Once again, Ysabelle Lo riding on Red clinched the overall 3rd place in Category C - 1.0 to 1.1m, at the World Jumping Challenge 2018.



SPC Instructor Edric Lee with Ysabelle Lo and SPC Riding School Horse, Red



Ysabelle with Red during the championship

Category C	1st Rd	2nd Rd	2nd Rd	Penalties	Time Penalties Points	Is among 2 best results	Total Penalties
Competition 1	0	0	69.38	0	0	Yes	12
Competition 2	5	4	69.32	9	3.61	Yes	
Competition 3	12	0	65.63	12	1.54	No	

KARATE

(Kyokushin System)

In partner with:

FITNESS IRONMAN

Transformation through Performance



Karate is an ancient Japanese art of self-defense. It incorporates the whole body to be in action, involving speedy footwork, punches and kicks for attacks, blocking and dodging for defense. It is suitable for anybody of any age and gender. It also provides a very good cardio workout, along with stretching exercises that loosens tendons and ligaments, as well as strengthening bones and muscles. Different people learn karate for different reasons. Some regard it as a form of all-round exercise, while others see it as a sport, or martial art that allows them to unleash their full potential in self-defense.

Our instructor, Sensei Lai, holds a black belt 3rd Dan, and has numerous years of experience in tournament fights and coaching. He began studying Shitoryu Karate in the nineties, and has already earned a black belt before venturing into Kyokushin karate which includes the element of full contact battle that supplement the missing aspect of actual combat. Throughout his journey in mastering the art of karate, he holds his view that martial arts is abstract in the absence of pragmatic applications. Any skills learnt with its techniques not tested in combat can only remain as a theory. His participation in tournaments both locally and overseas vindicated the effectiveness of his skills from years of experience signified by the awards he received, and is also a testimony of his courage.

Students can progress up the ranks marked by the color of their belts and eventually arrived at the black belt. Each training session entails a strict set of routine that encompasses basic techniques, footwork, power development and sparring. Tournaments are available from time to time to allow students to test out their skills, and to find out where they stand at each level.



空手道

Please contact Sensei Lai to arrange for classes at **9185 0900** or ekL6@caa.columbia.edu

Group classes are at **\$20 pax/ hour /class**
(minimum 3 pax to start the class).

Classes are meant for beginners, as well as those who have some experience in martial arts.

PONY CAMP

18 - 20 DECEMBER 2018

SPC Riding Academy's three day Pony Camp in December served as a great way to end our Club's eventful year by once again introducing young children to horses, ponies, and also to kindle their interest and bond towards these amazing equine animals. The camp is so popular that it was held thrice this year.

16 zealous children had the opportunity to experience both hands-on and theory-related activities such as showering a horse (which was a first for many), grooming, tack-up and stable management.

The first day of the camp commenced with the kids heading to the stables to learn basic grooming such as picking the horses hooves and brushing their tails and coats. They also learnt to tack-up and lead the ponies for a walk around our premises, with the assistance of a group of volunteers. After lunch, the children had a riding experience at the covered arena, to prepare them for the next day's activity – a jungle trail.

The second day of the camp commenced with an adventure. Our young participants took part in a leisure trail ride amidst lush greenery, starting from the back of the Clubhouse, passing through the riding arenas, main lobby and finally ending at the polo field on their chosen horses and ponies thereafter heading back to the stables to shower the horses. After



Riding at the covered arena

lunch, they focused on theory lessons and a post-riding Q&A session which addressed topics such as parts, colours and markings of a horse and an example of a perfect paddock. The last lesson for the day was for the young participants with riding experience to attempt jumping over several obstacles while riding a horse or pony.

The youngsters headed outdoors on the last day of the camp and partook in a jungle obstacle trail where they were grouped into different teams. They had to jump over poles of various heights which tested their resilience, perseverance and teamwork.



Fun outdoor riding sessions



Poise and balance on the ponies



Participants with their horses and ponies



Trail riding around our premises



Fun obstacle courses at the jungle trail

As the clock ticked by, it was also an indication on the camp nearing completion. A couple of fun activities awaited the children. First up was a final theory lesson followed by some fun outdoor games, with the last being a water hose down activity – a popular children’s favourite. The water hose down is a must-have activity at every Pony Camp and catches every child by surprise. It’s also a great way to cool down after being in the sun for the entire day. It was great to see the children having a whale of a time running around the premises with water hoses in their hands, determined to drench their friends and instructors. Such a lovely and lively aura emitted in that half hour of fun.

Last but not least, a Certificate Presentation Ceremony took place with the children having their proud moments of receiving their certificates, after three days of hard work and learning. The team at SPC had as much fun as the participants and we look forward to the next Pony Camp in the first quarter of the coming new year.

Follow SPC Riding Academy on Facebook to view the Academy’s happenings!



Nathaniel Chong receiving his certificate of participation from our instructor Daniel Sitranen



Stable management – learning to tack-up



Bare back riding



Watch out! There’s a gush of water heading our way.



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*Steamed Seabass Fillet
with Soya Bean Crumbs*

JAN2019

Norwegian Salmon 'Prosperity' Yu Sheng

Classic Norwegian Salmon Yu Sheng with Pickles, Crushed Peanuts, Sesame Seeds, Golden Crackers, Spices and Traditional Sauce
(available from 28th January till 11th February)

\$38+ (for 2-4 pax) | \$68+ (for 4-6 pax)

Steamed Seabass Fillet with Soya Bean Crumbs

Fresh Seabass Fillet, Steamed and Drizzled with Soya Bean Crumbs and Crispy Garlic

\$22+

House Roast Duck

House Roast Duck served with Pickles and Home-made Dip
**Fragrant jasmine rice are suggested to pair with the above dishes*

\$20+



POLO RESTAURANT & BAR



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FEB2019

Norwegian Salmon 'Prosperity' Yu Sheng

Classic Norwegian Salmon Yu Sheng with Pickles, Crushed Peanuts, Sesame Seeds, Golden Crackers, Spices and Traditional Sauce

(available from 28th January till 11th February)

\$38+ (for 2-4 pax) | \$68+ (for 4-6 pax)

Korean Beef Bulgogi

Classic Korean Dish with Prime New Zealand Beef Striploin, Sunny Side Up, Home-made Kimchi and Fragrant Jasmine Rice

\$17+



Korean Beef Bulgogi

Kimchi Seafood Soup

Home-made with Fish Fillet, New Zealand Mussels, Prawns and Squid

\$18+

Home-made Kimchi \$8+

MAR2019

Hinlay Style Grilled Curry Chicken Curry with Rice

Traditional Burmese Recipe with Boneless Chicken Thigh and Fragrant Jasmine Rice

\$15+



Hinlay Style Grilled Curry Chicken Curry with Rice



Khow Suey Crispy Noodles with Beef

Khow Suey Crispy Noodles with Beef

Burmese Style Rich Curry with Duo Crispy & Fresh Noodles, and Sliced Grass-fed Beef
Served with Fresh Lime, Pickled Vegetables and Chilli

\$16+

Capable Luxury

The new Range Rover Sport is transformed by technology, with a new V6 supercharged powertrain delivering better efficiency, capability and performance.



The Range Rover is a properly capable offroad vehicle despite its luxurious interior



The updated design gives the car a more distinctive and angular front end



The cabin now boasts a tunable ambient light setup, plenty of space, and a commanding view of the road

The British-designed, engineered and built Range Rover Sport have been sold more than 732,000 since it was introduced in 2004.

The top of the line model in Land Rover's line up, the Range Rover features Land Rover's Terrain Response 2 technology that intelligently and precisely distributes torque from the motor to all four wheels. This gives greater control during low-speed off-road manoeuvres, giving the Range Rover Sport an agility that belies its size.

The car has received a mid-life facelift, receiving an all-new LED headlights, sitting alongside a redesigned grille, and a new bumper with a more aggressive profile.

At the rear, more aggressive slotted spoiler profile complements the vehicle's clean, efficient design. Besides reducing aerodynamic drag, it serves a very practical purpose too, channelling the airflow around the back of the car to significantly reduce the accumulation of dirt on the rear windscreen thereby improving visibility. In-car connectivity is enhanced with the option to specify up to 10 power points including a domestic plug socket.

The Range Rover Sport comes fitted with a 3.0-litre, V6 supercharged petrol engine that delivers 340hp and 450Nm of torque. With a smooth, tractable supply of torque and Land Rover's well-thought out automatic transmission, the car is at home on the highways, urban city centres and even on jungle tracks that would stop less capable vehicles entirely.

When cruising at a sustained speed of 105km/h or above, the suspension can lower the vehicle by 15mm to reduce drag by up to two per cent, which also improves fuel efficiency.

A button deploys the car to Access Height, lowering the vehicle by as much as 50mm to aid easier loading. This feature can also lock the suspension at this lowered level, enabling the Range Rover Sport to travel at speeds of up to 40km/h in locations with restricted height, such as multi-storey car parks.

Conversely, the ride height can be increased for demanding off-road scenarios, lifting the car by up to 75mm above its standard ride height and enabling it to traverse very rough conditions. This weight can also be maintained up to 80km/h, beyond which the car automatically and seamlessly lowers itself back to standard height.

New interior ambient lighting highlights key design cues throughout the cabin. The atmospheric set-up bathes the footwells, sections of the doors and other parts of the interior in light, and there are 10 different user selectable lighting themes with varying colours. A feature popular in luxury cars, it gives the interior a choice of different looks, while adding a level of visibility to the cabin at night.

There are also a series of flexible new stowage options, including cup holders that can be removed to reveal a deep new 3.2-litre storage area with a dedicated USB charging port.

The 7.8-litre cubby box features a new double-level hinged tray when open, perfect for keeping wallets and mobile phones secure and out of sight. The lockable glove box provides enhanced security, while customers can specify an optional cooler compartment or a new refrigerator in the front centre console, to provide the luxury of cooled drinks on demand.

All up, the Range Rover Sports provides you a comfortable, cossetting ride that is user-friendly, practical, and packed with the best of British luxury. It has been the best in its class for more than a decade, and the new car ably keeps up with this tradition.

Outfitting Your Urban Lifestyle

Stay up to date with the best that technology has to offer with these newly launched lifestyle essentials.

Music in Any Environment

The Jaybird X4 Wireless Sports Headphones are the next evolution of the award-winning X-series designed for the all-around runner and outdoor athlete. Not only sweat proof, but now also waterproof with a more comfortable fit, custom sound, and eight hours of battery life, these headphones will have you covered no matter where adventure takes you - from mountain trails to city streets.

The buds provide improved comfort and ergonomics, with new silicon fins and ultra-soft silicon tips in several different sizes to fit almost everyone. They also come with the new exclusive-to-Jaybird Comply Ultra foam tips, featuring unique thermo-reactive foam that conforms to your ear canals for a comfortable and secure fit. The new Speed Cinch cord management system allows users to adjust the length of the cable to allow for the perfect under- or over-ear fit for them.

With eight hours of playtime per charge, X4 can crank out tunes during your longest run or workout. To ensure you can quickly power up and get on the trail, ten minutes of charging will give you 1-hour of play.

Available now at all good electronics stores at a recommended retail price of S\$185.

Urban Navigation

Swiss sports watch and navigation specialist Garmin has launched the Garmin Instinct, a GPS watch with built-in three-axis compass and barometric altimeter, along with multiple global navigation satellite systems support and wrist-based heart rate monitoring. The Instinct includes built-in sports apps, smart connectivity and wellness data.

Constructed to military standards for thermal, shock and water resistance, with a fibre reinforced polymer case, it has been tested to withstand temperatures of -20°C to 60°C, and survive multi-directional shocks from a drop distance of 122 cm. Its water resistance is rated to 100 metres, and it is also corrosion resistant, retaining its durability in salt-rich maritime environments.

The Instinct features a battery life of up to 14 days in smartwatch mode, up to 14 hours in GPS mode, and up to 35 hours in UltraTrac battery saver mode.

Available in Graphite, Tundra and Flame Red colours at a suggested retail price of S\$499.





True Cinema Immersion

If you're looking for the ultimate home cinema projector, the VPL-VW870ES - Sony's latest premium 4K laser light source projector, is the one you need to consider. It contains a prestigious All Range Crisp Focus (ARC-F) lens, an 18-piece all glass lens that ensures sharpness in every corner of the image, within a compact and lightweight design. Moreover, the addition of the Digital Focus Optimiser provides refined image quality and accurate focus without distortion.

The projector also offers film buffs spectacular HDR images in delicate colour gradation thanks to HDMI 18 Gbps compatibility and 4K 60P 10bit processing. Input lag has been reduced to near indiscernible levels to meet the growing demand for 4K/60p gaming content. This is combined with exclusive Reality Creation that analyses every element of an image to provide enhanced clarity and resolution without noise. The VPL-VW870ES is one of Sony's most powerful home cinema projectors to date, with a laser source delivering an output of 2,200 lumens for spectacular brightness.

It retails for S\$37,799 (before GST).



A New Way of Staying Seated

Kokuyo, a leading provider of office design and furniture in Japan, aims to set the pace for office furniture industry with the unveiling of their breakthrough Kokuyo ING 360° Gliding Chair. The chair is developed based on the fact that the human body has more than 360 joints and about 700 skeletal muscles. It's revolutionary pivoting mechanism allows the body complete ease of motion even when seated.

The Japanese office supply specialist is wading into a segment typically dominated by European brands. Hiro Yamaoka, the Managing Director of Kokuyo's Singapore Branch, noted, "Our revolutionary Kokuyo ING 360° Gliding Chair has redefined sitting and raised the bar in design and performance of office chairs. This technology is the next step in the transformation of the furniture business with employers actively seeking solutions that enhance physical health and psychological well-being for the workforce. Our technology is the master key that allows us to further drive our leadership in current market and unlock opportunities for us."

The Kokuyo ING 360° Gliding Chair is now available from S\$988.



Up-Close with Jodie Kidd



John Elkovich, Head of HNW Solutions, Prudential Singapore with Jodie Kidd

The Prudential Networking Night for the Gold Cup 2018 was attended by our members, invited guests and friends from the media on Tuesday, 23 October. Our guests for the evening were captivated by the night's theme, which depicted nature in alluring hues of white and olive green complimented with fresh flowers and dainty tableware.

Invitees streamed in around 7pm and were greeted to free-flowing champagne, courtesy of Veuve Clicquot. While mingling and networking, everyone made themselves comfortable at the Mountbatten Room which was transformed into a KEF Music Lounge especially for the night. Classy white lounge chairs and state-of-the-art sound systems created an elegant environment for our guests to relax and chat with some of the VIPs present.

The presence and arrival of Jodie Kidd, well-known television presenter, celebrity model and owner of The Half Moon Kirdford, as well as Head Chef Johnny Stanford brightened up the venue instantly – a much anticipated segment of the night.



Guests from Prudential



Pork Rib Singapore Sauce with Pork Scratchings



Jodie Kidd with Chef Johnny Stanford



(L-R) Roxan Toll, Chef Johnny Stanford, Jodie Kidd, Torrey Jay Dorsey, Sukki Singapura and Sonja Piontek

Dinner commenced with a specially curated 4-course meal put together by Chef Johnny. Diners indulged in snacks whipped with honey, goat's curd, salmon eggs, smoked cod's roe and two dishes for their main entrée – Pork Rib with Singapore Sauce and Pork Scratchings, and Halibut with Parsley Clam Chowder and Salsify. Buttermilk Sponge with Yogurt Ice-Cream, Honeycomb and Milk ended the meal on a nice note. The guests were full of praises for exquisitely recreating The Half Moon Kirdford dining experience.

Spotted at the dinner event, were Satinder Garcha, President of Singapore Polo Club, Sukki Singapura, burlesque artist and model, Manisha Tank, CNN presenter, Goh Bock Seng, founder of Dealmakers International Ltd.



Menu for the evening



Ladies from Prestige



Jodie Kidd with Jessamine Annalena Ihrcke and Sukki Singapura



KEF music lounge



(L-R) Hissam Hyder, Raphael Le Manse de Chermont, Wee Tiong Han and Satinder Garcha



Spooky guests for the night



Face painting at the right verandah



All dressed for the night

Trick-or-Treat

Scary ghouls, cheeky witches, sweet-looking fairies and princesses were some of the guests at our "Spooktacular" Halloween party on Saturday, 20 October.

Chatters, screams and laughter of the children filled the air as activities and games such as face painting, doughnut-eating challenge, foot trails and more kept them well-entertained. The Mountbatten Room emitted a creepy aura in line with the theme. Our young participants made a huge effort to dress up, determined to clinch the "Best Dressed" award.

Take a look at some of the invited and "uninvited" guests at the event. We were spooked!

Check our Facebook page to view more pictures of the creepy crawley night.





Winner of the best-dressed competition

Doughnuts anyone?



Ready for the doughnut-eating competition



Say cheeseeee...



Candies giveaway by Santa



Kids enjoy doing craftwork!



Making of Christmas ornaments



Cute goodie bags for the little ones



Glitter Tattoos

A Jolly, Merry Christmas!

The month of December is all about the vibrant festive mood paired with parties and great food enjoyed in the company of family, friends and loved ones. Singapore Polo Club (SPC) was not an exception as our Annual Christmas Party kicked off in style on the first day of the month! Our members had a great time socialising with their guests and other members over a buffet dinner and drinks.

A sumptuous buffet spread at the Verandah with an exclusive festive party menu comprising of epicurean cold-cut platters, apple and cranberry slaw, slow roast turkey, fusilli pomodoro, assorted mini pastries and more was the perfect accompaniment for the evening's cool weather.

Mountbatten Room was transformed into a "Winter Wonderland" with its chilly atmosphere for the younger party-goers who were greeted to a sprawling room full of various activities and games, with one activity stealing the show for the night – the Roving Magician! Full of tricks up his sleeves, he impressed guests with card tricks and disappearing acts. The girls adorned themselves with pretty glitter tattoos

while a couple of parent-child duos made dainty Christmas ornaments. The memory game and throw-the-hula activity booths were very popular, with the younger children engaging in repeated attempts.

The later part of the evening was hyped up with an interactive performance by Tricky Patrick, a well-known local comedy magician. The entire room's attention was on him as he sculpted balloons and performed tricks while sharing jokes with the children. There were also various ice-breaker games such as passing-the-candy-cane, guessing the Christmas carol, wrapping a group member into a snowman and a party-favourite – Limbo Rock! Needless to say, screams and chuckles filled the air as excitement and tension rose.

Nearing the end of the event, a special person's appearance saw the children go wild with excitement – it was Santa! Everyone crowded around him, eager to receive their presents for the night, not forgetting the mandatory photo opportunity. Diners at the Verandah were also in for a surprise as he walked around the venue handing out candies. It was a memorable party, and here's wishing everyone a fantastic 2019 ahead.



Yummilicious food spread



Limbo Rock!



Photo moments with Santa



Tricky Patrick wow-ing the crowd



Guests at the event



Hurry girls, we need to get our snowman ready



Revealing the gift from Santa



Photo moments with Santa

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New opening times: Tuesday to Sunday - 11am to 6pm



Mountbatten Room

A wine lounge that is part of the Polo Restaurant & Bar. Natural daylight setting that is ideal for business meetings or fun birthday celebrations.

Seating Capacity: up to 80 persons

Arrangement: U-Shape, Round-Table, Theatre and Cocktail Standing

Meeting & Event Spaces

Available for Wedding Solemnisations, Social Events & Corporate Meetings

Singapore Polo Club offers a unique setting and client service with office spaces and facilities suitable for business meetings, corporate events and networking sessions, including family-friendly venues for birthday parties and anniversary celebrations.

Enquire today and we will assist you in planning your business events or special occasions.

Please contact our Events Team at 6854 3999 or email to events@singaporepoloclub.org



The Chukka Bar Terrace

The Terrace is an extension of the Chukka Bar located at the field side of the Polo Ground. Perfect for cocktail parties and social gatherings.

Seating Capacity: up to 60 persons

Arrangement: Theatre and Cocktail Standing

Corporate Packages start from **\$58++** per person (Min. 10 persons for a full day)

Wedding Solemnisation Packages from **\$2,188++**

+ GST applies only for members
++ GST and service charge apply for non-members



The Polo Gallery

A well-equipped room that caters for small group training sessions or workshops.

Seating Capacity: up to 50 persons

Arrangement: U-Shape, Round-Table, Theatre and Cocktail Standing



The Committee Room

A boardroom setting which is suitable for private and exclusive corporate meetings.

Seating Capacity: up to 14 persons

 SINGAPORE POLO CLUB

80 Mount Pleasant Road
Singapore 298334
www.singaporepoloclub.org

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