

SINGAPORE

POLO

CLUB

October/December 2018
ISSUE 04



QUEENS OF THE FIELD

Prudential Ladies' International 2018

P11
CLUB NEWS
Go Green,
Save Earth

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POLO
Friendly Polo
Matches at SPC

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LIFESTYLE
A Safari Adventure
Like No Other

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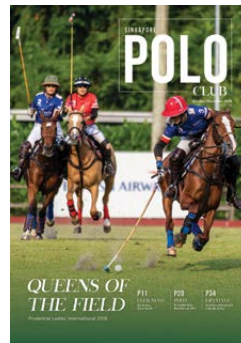
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On The Cover
Photo by Jon Sng

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Published quarterly by the Singapore Polo Club

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OPERATING HOURS

FRONT DESK

7.30am – 9.30pm (Sunday to Thursday)
7.30am – 10.00pm (Friday & Saturday)

F&B OUTLETS

The Polo Bar

8.00am – 11.00pm (daily)

The Mountbatten Room

8.00am – 11.00pm (daily)

The Verandah

8.00am – 11.00pm (daily)
(Last food order at 9.30pm)

FACILITIES

Gaming

11.00am – 11.00pm (daily)

Gym

7.00am – 9.00pm (weekdays)
8.00am – 8.00pm (weekends)

Jacuzzi

7.00am – 9.00pm (daily)

LUSH Spa

10.00am – 9.00pm (daily)

Sauna

7.00am – 9.00pm (daily)

Squash Court

7.00am – 10.00pm (daily)

Swimming Pool

7.00am – 9.00pm (daily)

Tennis Courts

7.00am – 10.00pm (daily)

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Dear Members and Friends,

This is the last issue of the year and I would like to start by thanking my Committee, Sub-committees and the SPC Management and Staff, all of whom have worked very hard and continually strive to raise the bar!

Highlights from the quarter...

The recent Prudential Ladies' International Tournament held in September, witnessed our very own SPC lady players pit their polo skills against world class players. The Swarovski ladies team, dressed in custom polo shirts bejewelled with Swarovski crystals, battled fiercely with the SPC Black men's team to win their position at the Battle of the Sexes match. The concluding final match between the Prudential and King Power teams was played with much determination, and passion and the excitement of this adrenalin-fuelled final match spilled over into the crowd,

working the more than 300 watching the game into a frenzy. Prudential, our title sponsor for the event won the tournament to loud applause.

Your Committee, the Management and I have been working extremely hard to reposition your Club as a world class Polo and Equestrian Club that all of you can be proud of. The next year will bring even more exciting additions and enhancements to the Club's services and facilities as we begin to embark on measures, as recommended by the Strategic Business Review Team, to further boost our financials and greatly improve the Club in the areas of polo, riding and lifestyle offerings.

The Riding Academy has made a positive impact with an increase in its rider base and many who have gone through its programs have become Club members. The Pony Academy has seen the number of children participating almost double, and coupled with the various events and activities that surround the sport, more riders are expected to join us.

We are now in the midst of revisiting the Club's development plans, and we are making exciting improvements to our facilities and service offerings to our members. As the Club moves ahead with all these initiatives, the Constitutional Review Sub-committee will also be reviewing and proposing membership and constitutional changes to ensure we stay relevant with the changing times.

Here's to a happy holiday season and an exciting and wonderful New Year ahead filled with good health, success and happiness!

I look forward to seeing you around the Club!

Sincerely yours,

Satinder Garcha
President



\$58+
(member-adult)
\$40+
(member-child)

1 december
(saturday)
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7.30pm

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(guest-adult)
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(guest-child)

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mountbatten
room & right
verandah

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Meet Santa!

A free gift for every child sign-up!

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other activities include:
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(Recommended for children between 5 to 12 years old. Activities are subject to change without prior notice and due to inclement weather. In the event that the number of participants is not met, the party will have to be cancelled and members will be informed in advance.)

BOOK NOW! Please contact membership@singaporepoloclub.org by 12 November



SINGAPORE POLO CLUB Singapore Polo Club
80 Mount Pleasant Road Singapore 298334

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Dear Members,

The buzz word from the Committee moving forward is “resurgence”. With this in mind, the Management team set its sights to achieve the objectives set forth by the Committee to create a Club that we can all be proud of.

To up the ante all round on our level of services and convenience to members and their guests, we now offer business centre services (charges apply) for those of you who want to enjoy our tranquil setting, but yet able to get your work printed, bind and even scanned in preparation for that important meeting or proposal. Our ever friendly and efficient Member Relations Officers are on hand to assist you anytime during office hours.

In our effort to support Corporate Social Responsibility, Outreach has worked with “Bobble” to offer these amazing water bottles that can effectively filter water through an internal filter up to 300 times thereby preventing up to 300 plastic water bottles potentially being used. This is part of

Outreach’s efforts to help save our planet. There are only a limited number of these “Bobbles” for sale at the Club at \$15 for a 500ml bottle and \$18 for a 750ml bottle. Proceeds shall go towards the Club’s Outreach initiatives.

With the coming festive season just around the corner, we welcome you, your family and friends to participate in the various lifestyle activities tailored to your expectations. Over at Lush Spa, members can spend a relaxing day over your special health tea or spend your day playing squash, tennis or just laying by the poolside soaking up the sun.

There has been an increase in the number of people joining our Riding Academy and many who initially started riding have now joined the Club to continue to enjoy the experience, the adrenaline and excitement of horse riding. With our affable and well-liked team of professional riding instructors, the Club is seeing a higher demand for riding and we are expanding our instructor base to meet the growing number of riders. Enroll your kids into the Pony Academy and let them experience what it’s like to be with horses and also the community and fun of the various activities and camps that the Pony Academy offers. Feel free to contact the Academy’s office at 6854-3980 to find out more about how you can start your riding experience.

As the year comes to an exciting end, my team and I would like to thank the Committee and Sub-committees for their valuable guidance and support in always wanting the Club to be better for you, your family, guests and friends. Most importantly, we would like to thank all members for their support and co-operation in making our job an exciting and pleasurable one at your Club.

We look forward to seeing you soon and do have a wonderful and enjoyable festive season with festive cheers and an exciting New Year!

Warmest Regards,

Sylvan Braberry
General Manager

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- BENEFITS** restorative & revitalizing
- ADD-ON** warm stone \$20 | Babor express facial upgrade \$50



November Spa Nourish 2 hr | from \$205 nett per pax

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- BENEFITS** promotes mental & body relaxation
- ADD-ON** warm stones \$20 | express facial fr \$110



December Holiday Breaks 2 hr | from \$420 nett per couple

- SPA TREAT** warm floral foot bath + 80 min sweet orange body & scalp massage + relaxing face spa with anti-fatigue eye cure

...and more

New Members

(July - September 2018)

A warm welcome to the new members who have recently joined the Singapore Polo Club family. We look forward to seeing you at the club!

CHARTER

Alison Elizabeth De La Cour @ Urbina Alison Elizabeth

Antonio Alberto Bruno Corbi

Federico Della Giovanna

Keith Elliot Yeo Wei Lee

Kenneth Benjamin Li

Lee Kwet Chee

Lie Ay Wen

Nitin Ahuja

Rafael Daum

Siow Jia Yi, Andrea

Vanjill Esteban Rivera

REGULAR

Justin Keith Blackwood

Maximilian Barry Joseph Cole

Mia Irene Kankaanpää-Monney

Ng Su Ling

Pan Xuemei

Samuel Sylvain Chauffaille

Sheran Anthony Gunasekera

TERM

B K Basha Shahib bin Ahlawudin

Nasser Khodri



Singapore Polo Club Calendar of Events

(November – December 2018)

POLO

10-11 November
Club & Novice Tournament

17-18 November
Grooms Cup & Youth Challenge

24-25 November
Club Tournament

RIDING

3 November
FEI World Jumping Challenge
– 3rd Leg (NEC)

4 November
Inter Club (SPC)
– Dressage Only

17 and 18 November
Inter Club (BTSC)

24 and 25 November
Inter Club (STCRC)

6-8 December
Asia Pacific Exchange Programme
Twilight Dressage & Show Jumping
Competitions

SOCIAL

1 December
Christmas Party



Metta Medical Care

Clear skies and a warm breeze greeted our guests from Metta Medical Care on the morning of Monday, 13 August at The Singapore Polo Club.

Five cheery elderly residents and their caregivers were welcomed by the Outreach team. They were given a tour around the stables, followed by an interactive session with our polo ponies. During an up-close and personal encounter with Chavala and Esperanza, the seniors were chuckling with joy and amusement as they fed carrots to the ponies assisted by our friendly staff.

It was indeed an enjoyable visit as a couple of the seniors were looking forward to re-visiting the Club. Before bidding farewell, light snacks and refreshments prepared by the Outreach team were offered to the residents at the Chukka area.

If you are interested in supporting our Outreach efforts, please email outreach@singaporepoloclub.org

Open to Singapore Polo Club Members only.



Red Cross Home for the Disabled

The warm weather didn't deter our guests from the Red Cross Home for the Disabled from visiting us this afternoon. Besides a tour around the stables, the home's residents also tried their hands at feeding the ponies.

Pei Bei, Sattar and Lee Kwang from the Outreach and volunteer team demonstrated the appropriate way to feed Chavala and Esperanza. The residents were absolutely fascinated and enjoyed themselves throughout the interactive session. They were later brought to the Chukka area for some snacks and drinks, including a short performance on horse riding before departure.

To register your interest in volunteering for future initiatives, please email outreach@singaporepoloclub.org

Open to Singapore Polo Club Members only.





Go Green, Save Earth

The Singapore Polo Club Outreach Program has launched a recycling campaign to help minimize waste.

You might have noticed a couple of recycling bins placed at several accessible locations within the Club, namely the Left Verandah, Chukka Bar, Vending Machine by the Main Stables, and the Pony Lines near the Club entrance.

In the coming months, The Club will introduce new efforts that focus on different themes and ideas to encourage members and staff alike to participate in the cause.

In September, the Club launched its Opt-Out Club Magazine Subscription drive. Members who opted for the e-version of the magazine will be receiving a downloadable soft copy which can be saved onto their mobile devices or desktop computers for reading.

Please look out for future updates of our initiatives on our Facebook and Instagram pages.

Let's help save Mother Earth TOGETHER, one initiative at a time!

For those interested in supporting our Outreach efforts, please email outreach@singaporepoloclub.org

Open to Singapore Polo Club Members Only.



Illustrations by Ms Koh Pei Bei



A Dog Day Afternoon

It was a relaxed Sunday at the Club and we had the presence of furry visitors from SOSD gracing our venue for the Singapore Polo Club Outreach Programme Dog Adoption Drive. The event was such a hit that the Chukka Bar was filled with both members and guests.

Visitors of all ages had a wonderful time bonding with our furry friends that were awaiting to be adopted.

We would like to thank everyone who helped, the volunteers from SOSD who have fostered these lovely dogs and the families who are giving these dogs a loving new home.

If you are interested in supporting our Outreach efforts, please email outreach@singaporepoloclub.org

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Generations

This is the final part of Generations and we hope you have enjoyed the series. The Club is thankful for the families who shared their heart-warming and treasured memories with us.

The Baker Family



Tess competing on Bandit



Watching the judging



Lara competing on Ollie



John, Tess, Lara and Rebecca Baker

“ Our family have been members for 6 years. Lara (11 years), Tess (9 years), and I have been riding, variously, at SPC since then.

We are at the stables 3-4 times a week and at the club many more – it’s almost a second home. We love not only riding, but also being around the horses and riding areas. We really enjoy just being there and spending time with our like-minded friends.

The girls know every single riding school pony and horse, but their absolute favourites are Bandit (Tess) and Ollie (Lara). We get involved in a lot of activities in the riding section; Lara and Tess compete regularly, and we all help out with various events.

~ Rebecca Baker





Young up-and-comer: Harley at SPC's Annual Youth Tournament



Equestrian globe-trotters: Chloe and Harley enjoying summer riding camp at Wellington Riding School, UK



Deanie and Harley ready for some polo action at Copenhagen Polo Club

The Sultana Family



My family has been in Singapore for around 3.5 years now, having relocated from Newcastle, Australia in early 2015. Not long after arriving in Singapore a friend invited us to join them at a polo tournament at the polo club. My daughter Chloe (then 8) was immediately taken with the horses and riding school, and begged me to sign her up. I finally caved to her pleas and she started out in the riding school about three years ago. Then in late 2016, she joined the Youth Polo Program (YPP). My son Harley has also taken up riding in the Riding Academy and YPP.

Although I rode throughout my childhood at a pony club and competed in eventing, I stopped riding many years ago. But being back among the horses and stables at SPC, I soon got the urge to start riding again too. I started back a few years ago, first at the riding school, and then after seeing the excitement of polo I decided to give it a try, and I recently became a Novice and have started enjoying regular chukkas at the club.

Watching my kids learn and grow as riders is such an amazing feeling and brings back so many happy memories from my own childhood. And our equestrian passion has also opened up a whole new world of amazing experiences for us – during the summer holidays this year Chloe and Harley spent a week participating in a show jumping clinic in the UK. We were also very fortunate to join in on some S&B'ing and chukkas at the Copenhagen Polo Club.

The Singapore Polo Club has provided us with an amazing environment to enjoy all that comes with equestrian activities, and we've also made many great friends here.



~Deanie Sultana



Chloe and her favourite polo pony, Passion



Deanie's first time back in the saddle in 20+ years

The Phang Family



Our favourite activity on Saturday morning



Ben having fun at Pony Club

“ We have been Polo Club members for quite a number of years, but have been using it more for the club facilities... until one day, I decided to explore what riding is all about. I signed up for an introductory package - 10 sessions - in 2014, and since then there was no turning back. I now lease a horse and ride 4 times a week at the Polo Club. Alex went for his first ride when we were on holiday in Bali at 3 years old and he has since developed an affinity for horses. He has been a pony club member since 4, and still loves every minute of it. As soon as he turned 6, we signed him up for riding lessons. He now rides twice a week and tells me it is the highlight of the week for him. His favourite ponies are Sir James and Shadow. His little brother Ben is now part of the pony club and we can't wait for him to turn 6 so he can start riding.

~ Jiat Hui



Show day for Alex and mommy



Jiat Hui on Lisco



Alex riding his favourite pony Sir James



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Date

19 November (Mon), 8pm to 10pm

Fees

\$36+ (member); \$45++ (non-member)

~~~~

Register with the Reception at:

6854-3999 or

[events@singaporepoloclub.org](mailto:events@singaporepoloclub.org)

Enquiries about the session, please contact  
9818-3247

In the event that the number of participants is not met, the workshop will have to be cancelled and members will be informed in advance.



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POLO CLUB  
80 Mount Pleasant Road  
Singapore 298334

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# Straight from the Horse's Mouth

Article by Ali Reda

I am addressing you with this idiom as a forerunner to a few messages both figuratively and literally. The articles will appear regularly aiming to improve the state of polo at SPC.

We have all heard the above phrase at some point or another in our travels. Well it is one which was originally used in horse racing circles. As usual tips on which horse is a likely winner circulated amongst punters but the most trusted authorities are considered to be those in closest touch with the recent form of the horse, that is, stable hands, trainers etc. The notional 'from the horse's mouth' is supposed to indicate one step better than even that inner circle, that is, the horse itself.

The first topic is that of **what bit** one places in the **horse's mouth**. The general rule of choosing a bit is to find the mildest bit possible that still allows you to communicate clearly with your horse. An ill-fitting or overly severe bit can cause pain and discomfort to your horse, or even injure it. Take your time over this decision, and learn to use your new bit from an experienced

mentor. Our resident professionals have a wealth of knowledge and experience and so do our experienced riders in the club, and are happy to help. One thing that is largely overlooked, is the shape of the horse's mouth and dental condition. If you find your horse is having difficulty holding the bit, is lolling his tongue, tossing his head, or stiffening his jaw and poll, it may be because the bit is uncomfortable in its mouth. Some horses have shallow palates, thick tongues or other conformation that makes it difficult to carry some bits. Overgrown teeth and wolf teeth may interfere with the way the bit sits in the horse's mouth. A vet or equine dentist can help with **dentition problems**. The latter is always found in new horses into the club. It might take some trial and error to find a bit that is comfortable for your horse to carry. Trying out different bits can get expensive if you have to buy each one. There are many members with spare bits in their tack box and am sure they would lend to try. It is all part of the **camaraderie and reciprocation** so lend and borrow in the interest of horse welfare, and betterment of the ride and game. Finally, for those of you who would like to research this topic one of the most advanced in this field of biting is Bombers South Africa. Their website is [www.bombers.co.za](http://www.bombers.co.za) and it is extremely well put together and very educational.



Photo credits :  
[www.bombers.co.za](http://www.bombers.co.za)





The second topic which I would like to raise is again **horse equipment related** and in the interest of horse welfare. When a fly lands on your horse it generally flicks its tail to get it away; so imagine how it feels under a saddle and worse still a badly fitted saddle and the wrong type of girth. Check your saddles and girths and invest in **well-fitting equipment** for the horse. There are a few manufacturers who really address fit and adjustability issues especially the ability to re shape saddles for different ponies. These are highly recommended. One must remember that the investment in the **equipment is insignificant relative to the one in the horse**. None of us would want to be in badly fitting suits, dresses, waist belts or bras whilst carrying 50 to 100kg of weight and running around a few miles an hour! Comfortable girths are paramount in this equation so look into these aspects of pony equipment.

The third point is related to **your game**. When it comes to playing polo, what is the single biggest challenge, frustration or problem that you've been struggling with and how do you fix this? Once you have worked that out the solutions are a matter of practice, practice, practice. How does one know what is wrong? **Simply ask** the professionals both resident and visiting. They would be more than happy to help you through pointers or better still during lessons. An alternative is to use a video and record your chukkas then watch to see where you can improve. The latter

has been tried by yours truly and I can assure you it is a sobering watch. We all think we are a goal better than we are until we see ourselves on a video tape! Above all **practice like you would play** and have a plan when doing so whether stick & ball or schooling, there should be a definite plan drawn out for yourselves or again by our club professionals. If indeed you are the internet world kind then look for well put together videos on polo skills and instructions then practice those skills. One such site which comes to mind is the [www.gavsays.com/play-polo.html](http://www.gavsays.com/play-polo.html) but there are many others by American and Argentinian professionals with videos.

The last point is related to the game of polo as a team. It is one of the world's **oldest known team sport**. An archaic variation of polo, regionally referred to as buzkashi or kokpar, is still played in

parts of Asia. It trained many soldiers of the time and prepared them for war. The game known as chovgan it is still played in that region today. Modern day Polo however, is the perfect metaphor for today's hectic and rapidly changing business environment. It mirrors and reflects the realities of working in a turbulent economy. To succeed in the business world and on the polo field, strategy, teamwork, on-going communication, and the ability to "spin on a dime" are essential. Teams must be quick, agile, and nimble. One can use it to hone teamwork skills and prepare for the challenges of a fast-paced environment. The breakneck speed of play, the thunder of hooves, the fiercely competitive environment, the shouts of players in constant communication with team mates, the moment by moment change in the "line of the ball", and the cheers of the crowd when you race towards the goalposts and score. These are some of the reasons we do what we do within the sport of polo. However, in a chukka of seven to seven and a half minutes it is easy to fear missing out on hitting that ball and losing focus on the **idea of team**. Furthermore, and in the "instant gratification" social media world we live in this may continue to amplify. So, let's not get too much 'fomo' and forget the basic tenants of the oldest team sport in the world. Whether practice chukkas, club or Pro-Am tournaments we need the discipline of team to remain paramount and encouraged always. Remember each one of us needs another 7 players to play a chukka; possibly an eighth to umpire. The latter been a rare species these days which must always be accorded appropriate levels of thanks.



# Friendly Polo Matches at SPC

A series of friendly polo games took place at the Club in August and September. There was so much of energy and vibes as the teams battled it out on the greens, each vying for the Winners title.



Myra Cup winner: Team Red



North Junior Cup winner: Team Red



Pendekar Cup winner: Team Black



Ismail Cup winner: Kulin Rock



Thai Chay Cup winner: Team Black

## CLUB POLO TOURNAMENT FROM 11 TO 12 AUGUST 2018

A DIV:  
**Myra Cup**

Match:  
**4 chukkas each day**

Scores:  
**Red 4½ vs. Black 6 (11 AUG)**  
**Red 7½ vs. Black 4 (12 AUG)**

Winner:  
**Team Red**

B DIV:  
**Pendekar Cup**

Match:  
**2 chukkas each day**

Scores:  
**Red 2½ vs. Black 3 (11 AUG)**  
**Red ½ vs. Black 2 (12 AUG)**

Winner:  
**Team Black**

C DIV:  
**North Junior Cup**

Match:  
**2 chukkas each day**

Scores:  
**Red 1 vs. Black 0 (11 & 12 AUG)**

Winner:  
**Team Red**

## CLUB POLO TOURNAMENT FROM 25 TO 26 AUGUST 2018

A DIV:  
**Ismail Cup**

Match:  
**4 chukkas each day**

Scores:  
**Red 4 vs. Kulin Rock 7 (25 AUG)**  
**Red 4 vs. Kulin Rock 3 (26 AUG)**

Winner:  
**Kulin Rock**

B DIV:  
**Thai Chay Cup**

Match:  
**2 chukkas each day**

Scores:  
**Red 3 vs. Black 6 (25 and 26 AUG)**

Winner:  
**Team Black**





1st place winner: Tata Communications



2nd place winner: Kulin Rock



Waqas Khan



Vinod Kumar



3rd place winner: SPC Red

The PRO/AM Challenge commenced on Tuesday, 4 September for a period of 4 days with 2 chukka matches each day. The finals concluded the series on Sunday, 9 September with a 4 chukka match played on that day. Tata Communications walked away as winners for the evening.

Here's a feature of the scores, winners and participants - Congratulations everyone!

**PRO/AM CHALLENGE 02 FROM 6 TO 9 SEPTEMBER 2018**

Scores:  
**Tata 5 vs. Kulin Rock 4**

Winner: **Tata Communications**  
2nd Place: **Kulin Rock**  
3rd Place: **SPC Red**

Most Valuable Player – Polo Pro:  
**Waqas Khan**

Most Valuable Player - Amateur:  
**Vinod Kumar**



# Prudential Ladies' International 2018



Harish Agarwal, Head of Marketing at Prudential Singapore awarding the Champions, Team Prudential. From left to right, Marie Godenir, Lynly Fong, Isabelle Laurenaudie and Lia Salvo together with Siti Saleha and Satinder Garcha

## Queens of the Field

The Prudential Ladies International tournament has always been a highlight of the Club's polo calendar, with top female polo professionals from all over the world invited to participate with our local female players. Held in the last week of September, preliminary matches saw three elite all Ladies teams representing Prudential, Swarovski and King Power fight it out hard to secure a spot in the Finals.

The Finals were held on a sunny Sunday afternoon, and our sponsors, members and their guests were treated to a scrumptious buffet paired with good wines. Beautifully decorated tables were set up along the verandah giving spectators a clear and full view of the exciting match on the field.



Satinder Garcha and Siti Saleha with the 1st runner-up winners, Team King Power. From left to right, Marie Hesselman, Ploy Bhinsaeng, Sarah Wiseman and Sally Jellis



A precursor to the main event was a riveting 'Battle of the Sexes' match. The Men's team consisted of Ali Reda, Ang Roon Kai, Stijin Welkers and Daniel Chua representing SPC Black, while the Ladies team consisted of Tiva Gross, Izzy Parsons, Anna Lowndes, Johanna Monange and Koh Pei Bei representing Swarovski. The game was neck and neck until the final chukka, when a decisive goal was scored by Koh Pei Bei, sealing Swarovski's victory.

Just before the commencement of the Finals match, there was an intermission and guests were presented with a fashion show by Akosée. Elegantly dressed models strutted down the runway with their luxury line of relaxed and casual wear comprising blends of neutral tones and bold prints.



Hat fancier galore at the terrace



Vying for the lead



Fashion show by Akosée



Best playing pony, Carrot with owner Isabelle Laurenaudie and groom Srinu together with Lia Salvo and Ali Reda



Enjoying a couple of drinks with the company of close friends





Satinder Garcha, President of SPC and Siti Saleha, Malaysian Superstar doing the first throw-in



Intense action on the field

To kick off the match, stunning Malaysian celebrity Siti Saleha threw the ball in, and from that point on, it was a display of fantastic stick work, horsemanship and sheer grit from all the players. Prudential started with a 2-goal lead as they had a lower team handicap, while King Power's Sarah Wiseman scored the first goal of the match. Prudential fought back with a goal by Marie Godenir at the very end of the first chukka. The game continued with both teams scoring goals in turn, with heart-pounding moments for the players and spectators alike, as the two teams battled hard every second on the field.

Prudential was captained by one of the world's best female players Lia Salvo, and she was ably assisted by experienced local players Lynly Fong, Isabelle Laurenadie and Marie Godenir.



Congratulations winners!



One for the camera



The children enjoyed themselves too!





*The ladies at the Swarovski gallery. From left to right, Koh Pei Bei, Johana Monage, Anna Lowndes, Siti Saleha, Izzy Parsons and Tiva Gross*

King Power was equally strong, with Sarah Wiseman anchoring the team, Sally Jellis effective in attack, Ploy Bhinsaeng and Marie Hesselman playing well all week to support their two professionals.

As the chukkas progressed, Prudential grew in confidence and control. With a goal in the final chukka from Lynly Fong that took the score to 4:6 the ladies in red were crowned the winners of the 2018 Prudential Ladies International tournament.



*Battle of Sexes*

The cheers advanced when the winner and runner-up were presented with prizes and trophies. Ploy Bhinsaeng won Most Valuable Player (Amateur) and Lia Salvo was awarded Most Valuable Player (Professional). Carrot, belonging to Isabelle Laurenaudie, and played by Lia Salvo clinched Best Playing Pony. The award for the Best Turned Out Pony went to Maica, belonging to SPC and taken care of by Kuna.

The event was organised with the support from our sponsors and the Tournament Officials. The Club would like to thank title sponsor Prudential, King Power, Swarovski, IndoChine Group, Veuve Clicquot, KEF, Akosée, The Big Blow and Princess Yachts.



*Ploy Bhinsaeng, Most Valuable Amateur Player with Stephanie Masefield and Ali Reda*



*Lia Salvo, Most Valuable Professional Player with Ali Reda and Stephanie Masefield*





**IndoChine**  
resorts ★ hotels ★ restaurants ★ bars

**OCTOBER**

*Octoberfest*



▲ **Pork Bratwurst** with sauerkraut and mashed potato. Homemade sauerkraut, served with traditional recipe sauce.

**\$18+**



◀ **German Beef Dumpling** with vegetable broth. Special made vegetable broth, brew with perfect harmony with IndoChine's German beef dumplings.

**\$15+**

**NOVEMBER**

*Deepawali*

► **Fish Masala** with basmati rice. Soft and flavourful fish fillet dripped with special-made gravy and spices.

**\$15+**



► **Potato Curry** served along with spinach cream and basmati rice. Perfect course for veggie lovers. Rich and creamy spinach cream, topped with grated cheese.

**\$15+**





# Polo Restaurant & Bar by IndoChine



◀ **Honey Baked Ham** with roast potatoes accompanied by pineapple raisin sauce.

**\$16<sup>+</sup>**

## DECEMBER *Merry Christmas* *Hohoho~*



◀ **Meatballs** (mixed pork/beef) served with mashed potato dressed in brown sauce and cranberry jam.

**\$18<sup>+</sup>**

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#### SaVanh Bistro+Lounge

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Singapore 069424  
+65 6325 8529

#### SuperTree by IndoChine

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Gardens by the Bay #03-01  
Singapore 018953  
+65 6694 8489

#### IndoChine CHIJMES

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+65 6332 1595

#### Polo Restaurant & Bar

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Singapore 298334  
+65 6854 3985

#### #WTF @ Club Street

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Singapore 069426  
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+66 76 380 800

*\*Pictures are for references only.*



# NEW LIVERIES



**ESANTO M WITH JANE**

9 year old Esanto M (Robin) has competed in show jumping and dressage. He is a sweetheart in the stable as everyone would stop to say hello to him.



**TANZANIA WITH MAIKE**

Tanzania is a 6 year old Oldenburger mare, and both of us enjoy dressage and out on a hack.



**DEUDE WITH ANDREA**

14 year old Deude has taught me much about horsemanship, and I aim to take her to dressage competitions, including leisure activities such as trails and graze time.



**DALOXE WITH YSABELLE**

Daloxe, is a 13 year old Dutch Warmblood (KWPN) from Amsterdam. He has a friendly soul and is extremely playful – he has been known to steal a neighbouring horse’s carrots from right outside his stable! He is competent to do jumps of 90 – 100cm.



# VANTAGE TENNIS DECEMBER CAMPS!



## BEGINNER

Kids will learn basic tennis fundamentals such as Forehand, Backhand ground shots as well as the serve and volley. This will be done using specialized mini tennis nets, shorter court dimensions, and lower-compression balls. This camp is a great way to learn and improve the basics of the game. Emphasis will be on a structured games based approach to provide the kids with maximum fun and optimum learning. Groups will be created by age and skill level.



|                      |                                                                                                                                           |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Level</b>         | <b>Beginner</b>                                                                                                                           |
| <b>Ratio</b>         | <b>Coach to Student - 8 : 1</b>                                                                                                           |
| <b>Venue</b>         | <b>Singapore Polo Club Tennis Court</b>                                                                                                   |
| <b>Age</b>           | <b>4.5 to 9 years old</b>                                                                                                                 |
| <b>Fees</b>          | <b>\$300+GST (4-day lessons, includes prizes on the last day)<br/>\$375+GST (5-day lessons, includes prizes on the last day)</b>          |
| <b>Schedule</b>      | <b>03 - 07 Dec (Mon - Fri) 9:00am - 12:00pm<br/>10 - 14 Dec (Mon - Fri) 9:00am - 12:00pm<br/>17 - 21 Dec (Mon - Fri) 9:00am - 12:00pm</b> |
| <b>What to bring</b> | <b>Cap, Sunscreen, Drinks, Snacks, Tennis Racket and Swimming Towel</b>                                                                   |

## BEGINNER - INTERMEDIATE

Junior players will enhance their basic fundamentals, technique, footwork and strategy. This program will be customized to skill level. Emphasis will be on point play, games and rallying. This is a great camp for kids looking to take their tennis to the next level! Groups will be created by age and skill level.

|                      |                                                                                                                                           |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Level</b>         | <b>Beginner/ Intermediate</b>                                                                                                             |
| <b>Ratio</b>         | <b>Coach to Student - 8 : 1</b>                                                                                                           |
| <b>Venue</b>         | <b>Singapore Polo Club Tennis Court</b>                                                                                                   |
| <b>Age</b>           | <b>7 to 12 years old</b>                                                                                                                  |
| <b>Attire</b>        | <b>Sports</b>                                                                                                                             |
| <b>Fees</b>          | <b>\$300+GST (4-day lessons, includes prizes on the last day)<br/>\$375+GST (5-day lessons, includes prizes on the last day)</b>          |
| <b>Schedule</b>      | <b>03 - 07 Dec (Mon - Fri) 9:00am - 12:00pm<br/>10 - 14 Dec (Mon - Fri) 9:00am - 12:00pm<br/>17 - 21 Dec (Mon - Fri) 9:00am - 12:00pm</b> |
| <b>What to bring</b> | <b>Cap, Sunscreen, Drinks, Snacks, Tennis Racket and Swimming Towel</b>                                                                   |



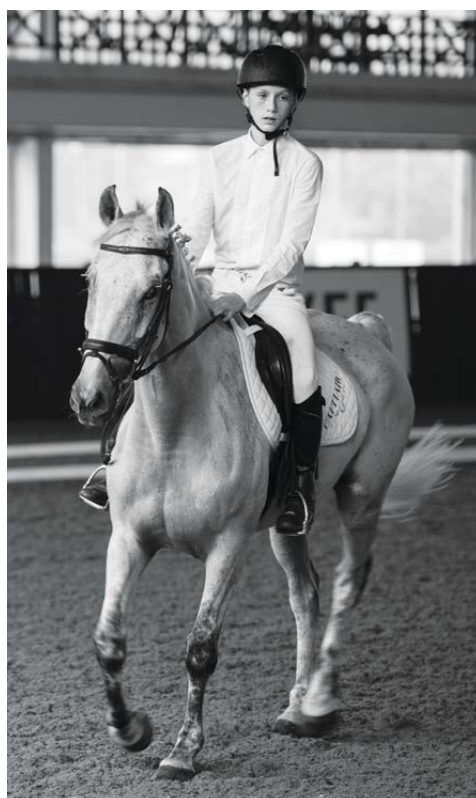
### VANTAGE TENNIS

For enquiry and/ or registration, please contact Simon at  
Tel: 9144 5223 or email: [simon@vantagesportsgroup.com](mailto:simon@vantagesportsgroup.com)



# INTERCLUB DRESSAGE AND SHOW JUMPING

An excellent show was presented by riders who came together for a friendly competition held on 8 and 9 September at SPC. We will be featuring results of the World Dressage Challenge at STCRC on 27 and 28 October in the next issue.





Singapore Polo Club presents

ASIA PACIFIC  
EXCHANGE PROGRAMME

# TWILIGHT

*Dressage & Show Jumping  
Competitions*

6 - 8 DECEMBER 2018

Gracious teenage riders from each team representing Australia, Malaysia and Singapore Polo Club (SPC), will be using our school horses to compete at the SPC Covered Arena.

Come and watch the inaugural sundown event of dressage and show jumping competitions!

## PROGRAMME

- 6 Dec (Thu) Test Rides at 3.00pm to 3.30pm
- 7 Dec (Fri) Test Rides at 10.00am to 10.30am and Preliminary Level Dressage at 7.30pm
- 8 Dec (Sat) Show Jumping at 7pm: Round 1 (90cm) and Round 2 (90 - 100cm) and Dinner and Prize Presentation at 8.30pm



Singapore Polo Club  
80 Mountbatten Road, Singapore 298334

Follow Us



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# SPC TRAINING SHOW 2018

The show took place on home ground on 18 and 19 August. Well done to all participants! We continue to support our aspiring riders on the next show on 13 and 14 October to be held at NEC and RDA.



# FEI WORLD JUMPING CHALLENGE 2018

The first leg of the show was held at STCRC on 15 and 16 September. Congratulations to the team of riders lead by Edric Lee for their first attempt in FEI World Jumping Challenge (WJC).

Zoe Masefield (school horse Percy) and Caedan Paul (school horse Tyrion) coached by Edric and Daniel, gained great experiences on their attempts on the 90cm jump, including Ysabelle Lo (own horse Daloxe) under freelance coach, Roy Ibrahim.

We wish our SPC riders best of luck for the upcoming WJC on 20 – 21 October (2nd leg) and 3 November (last leg).

The SPC champion and winners emerged on that day were:



| Name         | Category     | Position | Total Competitors | Horse  |
|--------------|--------------|----------|-------------------|--------|
| Ysabelle Lo  | C1.0 to 1.1m | Champion | 7                 | Red    |
| Chiara Corbi | 80cm         | 2nd      | 11                | Livery |
| Chiara Corbi | 90cm         | 4th      | 15                | Livery |





BY PRUDENTIAL

Life is a delicate balancing act. It's a matter of measuring today against tomorrow — calibrating your own needs of today to enable you to craft the tomorrow you envision for yourself and those you love.

Opus, Prudential Singapore's high net worth offering, has been carefully designed to reward and empower high net worth individuals to find this fine balance. It offers advisory services on wealth transfer, asset and business protection, and retirement that are tailored to your needs. For high net worth individuals wishing to preserve and optimise their estate, protect against personal liabilities or structure their wealth to ensure continuity, they can tap Opus's expert panel. Each panel comprises independent experts in legal, tax and fiduciary matters, and is accompanied by Prudential's team of dedicated Private Wealth Consultants.

As part of the Opus promise, clients are assured of a seamless experience from beginning to end, together with a suite of exclusive privileges like VIP medical services at one of Singapore's finest healthcare clinics, swift underwriting, dedicated case management and a first-class experience that Opus offers.







# A Safari Adventure Like No Other

Take a walk on the wild side in Kenya, one of the original safari destinations teeming with wildlife.

Photos credits: Kichwa Tembo





All 12 of Kichwa Tembo's Classic tents have been upgraded and now boast a larger tent size and a comfortable outdoor seating area



If you are looking to embark on an adventure of discovery and amazement, a journey to the Masai Mara in Kenya, Africa, is the place to go. And particularly if you are after a luxurious and unforgettable classical Kenyan safari experience, look no further than &Beyond's Kichwa Tembo Masai Mara Tented Camp.

Perfect for the discerning traveller, Kichwa Tembo is located in a beautiful setting in a remote corner of the Masai Mara, the world-renowned nature reserve. It features a thriving wildlife population of black rhinos, leopards, buffalos, crocodiles and over 450 bird species, among other wildlife, and an exceptional view of Africa's spectacular Great Migration. And as Kichwa Tembo is situated in a private concession, guests are able to do bush walks and night drives, providing many opportunities for close interactions with the wildlife.

When it is time to unwind, the Camp has elegant and timeless Maasai-inspired suites to suit love birds, nature enthusiasts, families and groups. In particular, Kichwa Tembo's Classic tents offer exceptional value.

Recently upgraded, they now boast oversized four-poster beds, brand new finishes and a comfortable seating area, all in an overall larger tent size.

For more information, visit [www.andbeyond.com](http://www.andbeyond.com)



Kichwa Tembo's guest areas open up onto incredible views of the Masai Mara



# Ultimate Travel Companions

Wherever your wanderlust takes you, upgrade your trip with these luxe and stylish travel must-haves.

## Bell & Ross BR V2-93 GMT 24H

An ideal companion for the 21st century globe-trotter, Bell & Ross' BR V2-93 GMT 24H displays the time in three time zones in a 41mm round steel case, which is characteristic of the Vintage series. Modern and sophisticated, with rounded lugs that perfectly adapt to the wrist and a screw-down crown, the watch is available with a steel or "tropic" rubber strap.

Unlike most GMT watches, the BR V2-93 GMT 24H is truly a testament to innovative functionality by revealing not "only" two time zones but a third time zone as well, thanks to its bi-directional, bi-colour 24-hour GMT bezel. Created by Bell & Ross for the first time, the bi-colour design used on this 24-hour bezel enables the wearer to display a third time zone by simply rotating the bidirectional bezel and lining the numerals up with the tip of the hour hand - clockwise subtracts hours while anti-clockwise adds hours. With a 24-hour scale, the grey section indicates daytime, and the black background night-time.

**The BR V2-93 GMT 24H is retailing at \$4,600 (black rubber strap) and \$5,100 (steel bracelet) at the Bell & Ross boutique.**



## Leica M10-P

The Leica M10-P joins Leica's rangefinder camera segment and offers discerning photographers an exceptionally discreet option in its design and function. Among the outstanding features of the Leica M10-P are the extremely low noise level of its shutter and the quietest shutter release of all M-Cameras ever built, making it ideal for capturing moments in especially quiet environments.

The design of the M10-P is also unobtrusive and minimalist, with its hot shoe cover merging seamlessly into the design of the top plate, which features discreet Leica lettering.

Based on the M10, the M10-P offers all the technical advantages of the Leica M rangefinder system while concentrating entirely on the most essential camera functions. Setting it apart from its sister model, Leica's M10-P has a touch-function that enables faster checking of the plane of focus in Live-View and Review mode, more convenient browsing in Review mode and faster access to all the most important functions. It also has an integrated levelling aid that enables perfect orientation of the camera.

**The Leica M10-P is available for \$12,000 at all Leica stores in a choice of black chrome or silver chrome finishes.**



## Briggs & Riley Baseline Commuter Carry-On Expandable Spinner

For the past 25 years, Briggs & Riley has been the choice for road warriors looking for high-performing and stylish luggage and business cases. And now, they have added to their iconic Baseline Collection the Commuter Carry-On Expandable Spinner. Ideal for short trips, this compact and lightweight case rolls on four re-engineered double swivel spinner wheels for effortless 360° navigation.

Featuring Briggs & Riley's patented CX Compression-Expansion Technology, the bag expands up to 33% - thereby increasing packing capacity - then compresses back down to its original size to store in the overhead compartment or under the seat. It also has a built-in tri-fold garment folder with foam roll bar that neatly holds suits and prevents wrinkling.

On its exterior, the durable ballistic nylon outer fabric is abrasion-resistant, water-repellent, colour-fast and self-healing, allowing it to withstand wear, moisture, dirt and abrasion from the toughest travel conditions. Users will also be happy to know that this luggage features self-repairing, durable YKK Racquet Coil zippers for smooth zipper action with lockable double zipper pulls.

**The Briggs & Riley Baseline Commuter Carry-On Expandable Spinner is retailing at \$709 at The Planet Traveller.**



## Ulysse Nardin Executive Tourbillon Free Wheel

Ulysse Nardin's Executive Tourbillon Free Wheel literally turns watchmaking upside down with its free-floating components under space-age crystal, with 7 days of power reserve to boot.

Available in white or rose gold with a sleek black honeycomb grid or dark stone dial, respectively, its brand-new movement seems to defy gravity, with several movement components raised up above the surface of its modern-sized 44mm dial. Its outstanding design is further highlighted by its innovative box domed sapphire that makes each mechanism appear to float in space above the dial.

Indeed, the sapphire glass box housing these 'flying' elements is in itself a standout achievement. The structure's complexity and finish - especially the polishing of the box angles - is evidence of the painstaking months of research and development that went into its development.

The mechanical movement powering all this beauty is the brand-new UN-176, entirely developed in-house in La Chaux-de-Fonds. Its flying tourbillon is the "Ulysse Anchor Escapement", a pioneering technology that replaces the traditional Swiss lever escapement system and uses Ulysse Nardin's signature low-friction silicium.

**The Ulysse Nardin Executive Tourbillon Free Wheel retails at The Hour Glass for \$147,700 (rose gold) and \$152,300 (white gold).**





# MAY EVERY ADVENTURE LEAD TO DISCOVERY.

---

Meet the Land Rover Discovery and Discovery Sport.

The Land Rover Discovery may be a 'full-size' SUV and the Discovery Sport a 'compact' SUV but they both share one distinct similarity – they come from a rich Land Rover pedigree that embodies the true spirit of Discovery.

You can spot it the minute you lay eyes on the Discovery and Discovery Sport. They have clean, elegant, almost minimalist lines which silhouette a well proportioned

body and yet everything adds up to a distinctively strong striking and commanding presence. You can almost picture the stares and second looks the two cars would get in any official event, social gathering, even a family party.

The feel of classic heritage and modern luxury continues on the inside. Knowing what drivers want in an all-purpose yet pampering SUV, every knob, dial

and feature seems to belong in the right place. With modern touches like aluminium, chrome and premium leather to accentuate the overall driver and passenger experience.

Step into the Discovery and Discovery Sport and you will sense the power, control and finesse that drives you showcased right before you. Starting with the Ingenium engine that delivers



## - LAND ROVER DISCOVERY AND DISCOVERY SPORT FEATURE -

impressive torque and power output coupled with low CO<sub>2</sub> emissions and improved fuel economy. Perfect for performance with punch that would please your wallet.



Charging ports in every row of the Discovery will ensure your battery life and social life are never affected.

Done for the day and want to get away from it all? The Discovery and Discovery Sport are excellent companions for the call of the wild. With class-leading higher ground clearance, better approach, breakover and departure angles, wider wheel articulation and deeper wading depths, both cars would have you feeling royal and relaxed from main streets to back roads to back home.

If technology is today's driving force then both the Discovery and Discovery Sport are bold statements of progress and advancement. Take their ingenious Touch Pro Infotainment system that is a wonder to behold. It is a highly intuitive and responsive multi-touch display that allows for touch, swipe and pinch-to-zoom control on maps, media and settings. It's basically your smart phone's even smarter cousin who's constantly on the go. And speaking of smart phones, you'd be happy to know that there are charging ports in all rows of the Discovery so you are tech-savvy 24/7.



The Discovery seats 7 and fits 95th percentile adults comfortably in the rearmost seats.



With up to 1,700 litres of loadspace, your best friend can have all the space he or she wants in the Discovery Sport.

If you intend to bring family and friends along on your adventures, you'd be thankful for the plush interiors of the Discovery and Discovery Sport that are generous and easy to configure with space to boot. Literally.

The new and intelligent seat fold system of the Discovery allows you to switch the second and third row seating via switches in the load space or on the main touchscreen. (Yes, it's that easy.) With the two back rows folded down neatly, you can fill up an impressive 2,400 litres of space in the Discovery and a sizable 1,700 litres of space in the Discovery Sport.



The Discovery Sport offers the Touch Pro multimedia that gives you an intuitive, tablet-like display that is super user-friendly.



The Discovery Sport's interior is built to behold. Minimalist in look and maximum in luxury and feel, it is every inch a Land Rover of power and prestige.



Both driver and passengers will appreciate the intelligent use of space in the Discovery for a class-leading cabin of comfort.



Clean horizontal and vertical lines accentuate the quality material and luxury finish of the Discovery's interior for an air of cultured modernity.



Land Rover's Dynamic Design Pack allows you to customise your Discovery and Discovery Sport to your personality with a choice of premium finishes and colourways.

So be it fitting 7 when you are packing for a weekend camp, ferrying people and luggage to and fro airport trips or just keeping up with the family when they go sale-crazy, you need to do one thing first. Grab 6 friends and come on down to our showroom for a test drive today.

Life is a journey. Never stop discovering.



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Fitness & Leisure Gym

# PERSONAL TRAINERS



## AREA OF SPECIALTY TRAINING

- ▷ Sports Injury Rehabilitation
- ▷ Pain Management and Therapy
- ▷ Bodybuilding – Hypertrophy and Definition
- ▷ Strength and Conditioning
- ▷ Crossfit Training
- ▷ Kickboxing

## FITNESS QUALIFICATIONS

- ▷ Bachelor of Science in Physical Therapy
- ▷ Certified Personal Trainer (International Sports Science Association)
- ▷ Certified Crossfit Level 1 Trainer
- ▷ Certified in Functional Movement Systems Screening

# SONNY REYES

## AREA OF SPECIALTY TRAINING

- ▷ Sports Therapy
- ▷ Pain Management and Therapy
- ▷ Bodybuilding – Hypertrophy and Definition
- ▷ Strength and Conditioning
- ▷ Circuit Training/ Functional Training
- ▷ Weight Loss and Fat Loss

## FITNESS QUALIFICATION

- ▷ Certified Personal Trainer (FISAF)
- ▷ Certified Trx / CrossCore Trainer
- ▷ Certified in Sports Massage

## SIGNIFICANT ACHIEVEMENTS

- ▷ WBPF SINGAPORE 2014 (Sports Model Champion)
- ▷ WBPF Southeast Asia (Thailand) 2016 - Top 5 (Sports Model)
- ▷ WBPF World Championship Pattaya 2016 - 2nd Runner-up

# GOVIN



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This ethos continues today with the range of premium soft drinks which are developed with the same philosophy. This ensures the flavours are excellent as a standalone soft drink and deliver brilliantly as a mixer for premium spirits. They use only natural flavours, extracts and colours and never include preservatives or sweeteners.

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# A Glamorous Evening with Venetian Food Writer, Skye McAlpine



The networking night of the Prudential Ladies' International co-hosted by Prudential, Swarovski and BMW on Wednesday, 26 September commenced amidst much glitz and glamour. Guests to the event returned home with a special gift bundle comprising of a complimentary copy of Ms. Skye McAlpine's cook book and exclusive gifts put together by sponsors BMW and Swarovski.

The Mountbatten room was transformed into a dazzling arena adorned with stunning crystals and an exclusive jewelry showcase by Atelier Swarovski. Collections included apparels embellished with crystals, a tiara and shoes studded with sparkling crystals, featured in prominent Hollywood films. The venue was abuzz with laughter and chatter as the ladies tried on various accessories while sipping on their cocktails. Shortly after, they welcomed the presence of Malaysian Superstar Siti Saleha whose aura livened up the ambience in the room.



The Verandah was beautifully decorated with intricately designed centre pieces on tables paired with

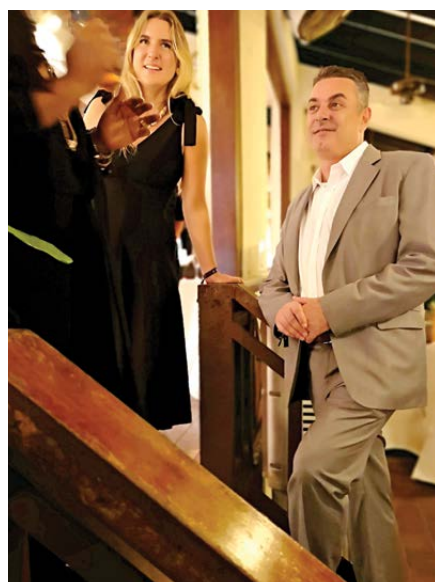






Venetian style masks apt for both genders. Appreciation and welcome speeches by Guest-of-Honour Ms. Skye McAlpine, popular Venetian food writer and author of "A Table in Venice" and Mr John Elkovich, Prudential's Head of HNW Solutions kick started the evening.

Dinner commenced thereafter and opened up a door to socialising and photo opportunities with Ms McAlpine, who presented the 4-course set menu that she had specially curated for the event. Needless to say – the food was a hit with everyone! Diners stayed on after dinner to interact and learn more about Ms McAlpine and her nativity – living and cooking in Venice. The night ended with the much anticipated segment- her autograph session!





# Over the Moon

"Daddy, I want one!!", "Oh Mummy! Can I have that colour, please?" The children were instantly elated when the eye-catching, illuminated balloons made an entrance to the veranda before the lantern walk.

It was one of the activities lined up for the Mid-Autumn Festival celebrations on 21 September. The usually peaceful Mountbatten room was suddenly abuzz with excitement of goodies, games, quizzes and entertainment that evening!

Several of the young participants were enthralled when they were invited up on stage to perform a shadow puppet show of Chang-e, the legendary Chinese goddess of the Moon. Parents had their fair share of fun too during the tag-team pomelo peeling contest with their children.

It was truly a delightful evening for the whole family, and we hope to see you again in next year's celebrations!



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